

Piedmont Virginia Community College

February 2019

# Celebrating Frank Friedman's 20-year Commitment to PVCC

Looking for a club? Check out pages 10-11

Callan Shore, assistant editor

Most students know that Frank Friedman is the president of PVCC, but they may not know that he has been leading the college for 20 years and juggles many other responsibilities as well. As a result of his hard work and the 42 years he has spent in community colleges, the Southern Association of Colleges and Schools Commission on Colleges recently delivered the 2018 Carol Luthman Meritorious Service Award to President Friedman.

He received this award due to his dedication to not only PVCC, but also for the years he spent on college accreditation boards and as the executive vice president of Austin Community College in Texas. At PVCC, he is responsible for over 100 faculty and staff, an average of 5,500 students, and about 24 million dollars. Friedman is also responsible to the governor of Virginia.

"It's a diverse job; obviously I don't handle everything, but ultimately, I'm responsible," said Friedman.

On a daily basis, his main role is to take PVCC to the external community, often in order to get funding, and also to take ideas back to PVCC.

"The governor will tell me what he needs, or UVA will say they need more people in one department, and then we'll make changes based on that feedback," said Friedman.

President Friedman has also been acknowledged by *Who's Who in American Education*, a dictionary of notable U.S. educators and is a Phi Beta Kappa scholar. Despite these accolades, he said he was "surprised to win the

See Friedman on page 4

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President Frank Friedman poses with the school mascot, Pouncer.

### **DATES TO REMEMBER**

— 12-Week Classes Begin — Feb. 4

— Drop-In Job-Win LinkedIn Photo Booth \* — Feb. 5, 4:30-6:30 p.m. Bolick Student Center

> — Club Day \* — Feb. 6, Bolick Student Center

— **Transfer Application Help Sessions \*** — Feb. 7,12,14,19,21, and 26, 2-5 p.m. M823

— Sexual Education Week \* — Feb. 12-14, Main Building

— One Mic Stand \*— Feb. 14, 7 p.m., Maxwell Theatre (Black Box)

- Gallery Exhibition Opening Reception \* - Feb. 15, 5 - 7 p.m. Dickinson Galleries

— Third Fridays Improv \*— Feb. 15, 6-7 p.m., Maxwell Theatre (Black Box)

— Free Movie Friday: *Green Book* \* — Feb. 15, 7:30 p.m. Dickinson Auditorium

 — Reclaiming Our Civil Society \* —
Feb. 16, All Day in Bolick Student Center, M229 and North Mall Meeting Room

> -- Ezibu Muntu ^ --Feb. 16, 7:30 p.m. Dickinson Building Main Stage

— 10-Week Classes Begin — Feb. 18

 Easy Career Networking with Employers \* — (STEM)
Feb. 21, 3-5 p.m. Bolick Student Center

- PVCC Scholarship Application Closure - March 1, Midnight

\* Free Event

^ Student Vouchers Available

# Editor's Note

Deadra Miller, online editor

While I was growing up, I was more involved with my hands-on creativity than reading and making my own imaginative reality. I was not the smartest student in school. Being in five different school districts throughout my formative years of school was not helpful. I put my focus into my music and multiple instruments.

After realizing I did not want to be in the Presidents Own Band, I decided to take the path of communications and work with the VHF radios.

Eleven months after my first son was born, I got out of the Marines and came to Virginia. It was not my plan to move here, but it is what I had to do now that I was a mother. So I worked with the Virginia Department of Corrections for eight years. After working there, coming to college was finally an option.

At 31 years old, I was not the typical college student; I was a fulltime mother to two boys, working full time and taking classes in the evenings. After my first semester of night classes, I realized I could not work full time and continue my classes, so I started day time classes and eventually ended up taking ENG 121 and writing for *The Forum*.

Writing for *The Forum* and making the friendships that I have was not in my plans for my college career, but I actually love doing this. Now I am 33 and almost graduated with a General Studies Degree, and it is all because I

finally stepped out of my comfort zone. I have come to acquire a taste of being more than a working mother that attends school.





### Student Government Association News

Keniston, SGA public relations Alexandra director

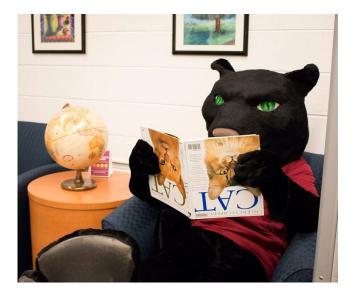
Welcome back students and staff for a new year at PVCC. So far this semester, SGA has some upcoming events we hope many students will participate in. To begin this semester off right, SGA will be hosting two big events and seven smaller events. The two big events will be the Spring Fling and a Sexual Education Week in the Bolick Student Center.

During the Sexual Education Week, the SGA will have events Feb. 12-14. Some of the things we will be sponsoring include a Jeopardy-style game with various assorted prizes and having Planned Parenthood come in and talk about the services they offer.

For the Spring Fling, we will be having it later on in April, and it will lead up to the Free Movie Friday. The SGA plans to have a DJ, human jousting and free food at the Spring Fling.

For the smaller events, we will plan to partner with some of the clubs at PVCC to bring awareness to the variety of clubs and organizations that we have on campus. There are talks about a new building being added to campus.

Until Feb. 5, SGA will be taking suggestions



suggestion in the suggestion box in the Bolick Student Center.

To keep up with SGA news, you can follow us on Facebook @pvccstudentgov.

As always, students who are interested in joining the SGA can apply by filling out this online application https://tinyurl.com/y7357jox.



Photography by Rainah Gregory

Photography by Deadra Miller

# Friedman, continued from page 1

Carol Luthman Award."

After working at Austin Community College, he felt ready for presidency and moved to Virginia to work at PVCC. He said, "PVCC is special mainly because of the outstanding faculty and staff and their commitment to excellence."

Friedman can understand and relate to students better because of his own college career.

After earning a bachelor's degree from Muhlenberg College, he went on to get a master's degree in experimental psychology from Purdue University.

Friedman says he originally wanted to teach, but he fell in love with the open and accepting nature of Community Colleges, so he decided to work in administration.



President Frank Friedman holding his award. Photography by Callan Shore

# Apply Now for PVCC Scholarships

Deadra Miller, online editor

Silvia Dowell, the scholarship & alumni association coordinator at PVCC states, "The scholarship application process closes March 1." Dowell is in charge of posting and coordinating over 150 scholarships that are available to PVCC students. A grand total of \$365,343 in scholarships was given away last calendar year to students. Scholarships range from \$500 to \$5000.

Dowell has many tips on how to correctly submit an application for any and all of the scholarships that are offered.

Dowell said, "Correctly construct the essays that are requested on the scholarships that you are applying for and carefully contemplate and request a faculty member willing to write a recommendation for you." These two tips are the dependent upon the scholarships that are applied for.

When applying, applicants need to use their PVCC email address so when the scholarship system reviews the many applications, the approvals can be sent to the correct person.

As the scholarships are perused, please pay

# Donors Contribute to the Future of PVCC

Shawn Kochhar, assistant editor

People and businesses from our community give money and other gifts in order to help pay for the PVCC community as a whole. In 1982, the Piedmont Virginia Community Educational Foundation was created to gather donations for PVCC. The foundation is a 501(c)(3) nonprofit organization ran by a board of directors from the community. There are many ways to donate and the donations are tax deductible.

Donations are given in cash, pledges, securities, life insurance and through gifting of property which can range from school books to real estate. Companies in the community also give donations such as Walmart, through the Walmart Community Grants program.

In December 2018, Walmart gave the foundation a \$5,000 grant for the Greene County Early College Scholars Program, which was created in 2013 to give scholarships for students from William Monroe High School to attend attention to every detail listed because even the smallest oversight can disqualify one from receiving the scholarship that is being applied for. For example, some scholarships are program-ofstudy specific, career-specific, and age-specific. A lot of factors are taken into consideration when looking at candidates for the massive scholarships that are listed.

Some of the more specific scholarships offered are for county high school graduates, newly naturalized citizens, students that have been in the foster care program, and military veterans.

The website will close the application process on March 1 for those to be awarded in the fall of this year. The recipients of the scholarships will be notified via email before the fall semester.

If there are any difficulties with the application, please email Dowell directly at sdowell@pvcc.edu, call her at 434.961.5204 or stop by her office M210 which is in the 200 wing of the main building on campus.

You can learn more on PVCC's website at https://www.pvcc.edu/institutional-advancement/ donors/giving-opportunities/scholarships.

PVCC's Early College Program. In this program, students earn a degree at PVCC while getting their high school diploma. This helps students to save money while getting a degree.

"We are thrilled to support the Greene County Early College Scholars Program. By investing in these students future, our community benefits in tangible ways." said Krissy Lester, the human resources manager of the Walmart Distribution Center in Zions Crossroads and a PVCC Educational Foundation board member.

The easiest way to donate is with cash, which is tax deductible in the year that the donation is made. You can use a credit card online or you can give a check to the office at 501 College Drive, Charlottesville, VA.

There are employers who will match your donation as well. If you would like to get more info on how to donate, contact the PVCC Educational Foundation Office at 434-961-5203 or email the Executive Director Harry Stillerman at hstillerman@pvcc.edu.



A group of Otto Krause students visiting PVCC. Photo courtesy of PVCC Marketing and Media Relations

# **PVCC Offers International Exchange Program**

Callan Shore, assistant editor

The community of PVCC does not end in Charlottesville because PVCC offers experiences all around the world. One of those experiences is the exchange program with Otto Krause, a secondary school in Buenos Aires, Argentina. Each year for over 25 years the Blue Ridge Rotary Club has funded a PVCC student to visit Argentina. Additionally, students from Otto Krause are able to be a temporary student at PVCC. This year's exchange student is Ernesto Brañeiro.

When PVCC students visit Buenos Aires, they live with a local family and attend classes at Otto Krause for six weeks. This exchange typically happens in June, but the application process starts months earlier. The only requirements for candidates to apply are that they are enrolled at PVCC, are between 18 and 21 years old, and have completed Spanish 202 or the equivalent. Additionally, low application numbers show that few students even know about this program.

However, this is not only an opportunity available to students. Since 2013, faculty have also engaged in the exchange. Faculty member Fabian Blanco from Otto Krause is currently visiting PVCC for two weeks. Blanco teaches science in Argentina, and despite English being his second language, he recently gave a public talk at PVCC called "Things About Science They Didn't Teach You in School."

Blanco said, "PVCC is different than Otto Krause in many ways, for example, students at Otto Krause cannot choose their schedule."

The community has welcomed Blanco and PVCC professors are even hosting him at their houses.

One of his hosts, Professor of English and Writing Center Coordinator Jennifer Koster, visited Otto Krause for two weeks last year. On her trip, she attended English, literature, and history classes and visited the school's Laboratorio de Lenguas, which was inspired by PVCC's Writing Center and mainly helps students with English.

"The faculty at OK made me [and my family] feel very welcome. We learned a lot about the Argentine educational system, as well as the history and culture of Argentina," said Koster.

In order to apply to the student exchange program, go to the PVCC website, https:// www.pvcc.edu/, or contact Chair of Humanities & Social Sciences Kit Decker.

### Late-Start Classes: What You Should Know

Jessica Adkins, assistant editor

Late-start classes are a hidden treasure at PVCC that some people may not know about. If someone misses the sign-up deadline and wants to take a certain class, they do not have to wait until Summer to take that class. There are certain classes during the semester that start later than others. Students have until Feb. 12 to register for 10-week classes.

I made the realization of late-start classes my first fall semester at PVCC when I signed up for ENG 121 introduction to journalism I. I made the same realization when I signed up for a sociology class. Since it started later in the semester, it had its pros and cons.

Late-start classes are not necessarily longer in

### **SPRING 2019** LATE START CLASSES

PHLEBOTOMY

54034 01 TTH

43478 03 MW

49901 03 TTH

42630 11 TTH

46618 21 TTH

43237 05 TTH

23346 05 TTH

NATURAL SCIENCE

MATHEMATICS

MDL 105 Phlebotomy | 3 credits

MTH 3 Pre-Algebra | 3 credits

MTH 9 College Algebra | 4 credits

6:00 PM-8:30 PM

5:30 PM-7:05 PM

MTH 155 Statistical Reasoning | 3 credits

NAS 2 Foundations of Life Sciences | 3 credits

9:30 AM-11:40 AM Eves

9:00 AM-10:35 AM Simms

6:00 PM-7:45 PM Staff

### 12-WEEK SESSIONS FEBRUARY 4 - MAY 13, 2019

#### **BIOLOGY**

BIO 106 Life Science | 4 credits 47878 04 MW 5:00 PM-6:45 PM McCoy 6:45 PM-10:00 PM McCoy 22560 13L W

#### COMMUNICATION STUDIES & THEATRE CST 100 Principles of Public Speaking | 3 credits 4:00 PM-5:45 PM Thurneck 34307 H13 M

#### **ECONOMICS**

ECO 202 Microeconomics | 3 credits 22637 40 ONLINE Schnur

#### ENGLISH

ENG 112 College Composition II | 3 credits 22748 44 ONLINE Van Dyke Simms HISTORY

HIS 101 History of Western Civilization I | 3 credits 28091 40 ONLINE Bailey HIS 122 United States History II | 3 credits 34888 41 ONLINE

#### HUMANITIES

HUM 201 Survey of Western Culture I | 3 credits 22851 01 TTH 11:00 AM-12:45 PM Staff 55870 04 MW 2:00 PM-3:45 PM Martin III

#### MATHEMATICS COREQUISITE

MCR 4 Learning Support for Quantitative Reasoning | 1 credit 42634 31 TTH 7:10 PM-8:15 PM Dubon

() = Class held at lefferson School Center in Charlottesville () = Class held at UVA All other classes held at PVCC Main Campus | Charlotte

#### PHILOSOPHY

PHI 220 Ethics | 3 credits 23007 02 MW 4:00 PM-5:45 PM Gulley 55374 40 ONLINE Carey

#### PSYCHOLOGY

PSY 200 Principles of Psychology | 3 credits 9:00 AM-10:45 AM Jackson PSY 230 Developmental Psychology | 3 credits 7:00 PM-10:00 PM Stow 9:00 AM-12:45 PM Hays Ir.

#### STUDENT DEVELOPMENT

5:30 PM-6:40 PM Smith

© = Class held at Giuseppe Center in Greene County ① = Class held at Jefferson School Center in Charlottesville (0) = Class held at U. Va. All other classes held at PVCC Main Campus | Charlottesville

### **10-WEEK SESSIONS** FEBRUARY 18 - MAY 13, 2019

SECOND 8-WEEK SESSIONS

#### **BUSINESS MANAGEMENT &** ADMINISTRATION

BUS 100 Introduction to Business | 3 credits 22580 41 ONLINE Pratt

INFORMATION TECH ESSENTIALS

ITE 119 Information Literacy | 3 credits 2:00 PM-3:55 PM Timpe 22875 05 MW 22882 47 ONLINE Wilkerso

> 6 = Class held at Giuseppe Center in Greene County ① = Class held at Jefferson School Center in Charlottesville (III) = Class held at U. Va

> > INFORMATION TECH ESSENTIALS

#### CENTRAL SERVICES CSP 101 Introduction to Central Sterile Services

1 credit 51949 01 MW 2:00 PM-3:00 PM Haas CSP 106 Surgical Instrumentation | 1 credit 51950 01 MW 3:15 PM-5:30 PM Haas CSP 135 Central Sterile Infection Control

2 credits 51953 01 MW 5:30 PM-7:10 PM Haas

For schedule updates, or to view courses offered by a particular instructor, visit www.pvcc.edu/classes

MARCH 19 - MAY 13, 2019

CSP 205 Intermediate Central Sterile Services 1 credit 46538 01 TH 4:00 PM-5:40 PM Haas CSP 292 Advanced Clinical Applications: Capstone | 3 credits 46541 01 MW 9:30 AM-11:10 AM Haas COMMUNICATION STUDIES & THEATRE CST 100 Principles of Public Speaking | 3 credits

Dixon

22620 42 ONLINE

#### ENGLISH

ENG 112 College Composition II | 3 credits 10:00 AM-12:45 PM Kingsley 23160 H20 FRI HISTORY HIS 112 History of World Civilization II | 3 credits

23185 H06 FRI 1:00 PM-3:45 PM Ridenhour

#### HEALTH

HLT 141 Introduction to Medical Terminology 2 credits 22824 01 TTH

7:00 PM-8:40 PM Whittington

All other classes held at PVCC Main Campus | Charlottesville

#### ITE 119 Information Literacy | 3 credits 22877 H03 W 7:00 PM-9:45 PM Nordbrock

PHLEBOTOMY

#### MDL 196 Phlebotomy On-Site Training | 2 credits 54035\_01 FLEXIBLE

STUDENT DEVELOPMENT

#### SDV 100 College Success Skills | 1 credit

45700 04 TTH 9:30 AM-10:20 AM Surrott 12:30 PM-1:20 PM Surratt 23088 06 TTH 5:30 PM-6:20 PM Shifflett

23093 08 MW

Smith-Lee

#### 4:00 PM-5:35 PM Dubon 28098 05 MW 23067 08 T

MTH 154 Quantitative Reasoning | 3 credits 34449 09 S Dubon 5:30 PM-7:05 PM Dubon

SDV 100 College Success Skills | 1 credit

23204 09 W

© = Class held at Giuseppe Center in Greene County

instruction time than regular start classes. While the class is in a shorter time frame, as far as

weeks are concerned, students are still in class for

not know about late-start classes and could easily

sign up for one. Thinking it is a regular class, the

student could try to show up to the assigned room

that the class is held in and find out that it does

month of school or just enjoy taking shorter

classes. PVCC offers late-start categories in both

General Studies and Liberal Arts degrees. Meet

with an advisor in Admissions and Advising to

PVCC offers a wide variety of late-start classes for those who are busy during the first

not start for another month.

learn more about late-start classes.

Smith-Lee

If a student is new to the college, they may

the same amount of time as a 16-week course.



# **Climate Forum Shares Green Solutions**



Deadra Miller, online editor

On Jan. 24, PVCC hosted the Community Climate Forum in conjunction with C'Ville 100 Climate Coalition to discuss the reduction of carbon emissions throughout Albemarle County and Charlottesville. Four different speakers were present to discuss their diverse solutions to the growing problem.

The first speaker was PVCC Biology Lab Manager Jennifer Scott. Scott spoke about how the polar ice caps are melting minute by minute. She pointed out that there are many cities across the United States that have made commitments to using 100 percent renewable electricity. She then posed the question to the audience, "when will Charlottesville become 100 percent renewable electricity?"

The two closest areas in Virginia that are committed are Blacksburg, Virginia and Floyd County Virginia. Right now only 40 percent of the United States, which adds up to 16 states, have formed a climate alliance within their state. Scott also pointed out that the United States cannot withdraw from the Paris Climate Agreement until after the 2020 Presidential Election.

Amory Fischer of Community Housing Partners (CHP) advertised a Weatherization Assistance Program (WAP) that helps lowerincome families improve energy efficiency within their homes. Locally, WAP has a service zone that covers most of the Commonwealth of Virginia.

Sean Farber of Charlottesville Renewable Energy Alliance (REA) and Sun Tribe Solar spoke about how the REA was working with nine companies to help Charlottesville transition into solely using solar energy. Charlottesville is trying to complete four phases within a three-year time frame. These phases are confirming that the Charlottesville community will be helping reduce the use of fossil fuels, which the city has completed; taking inventory of Charlottesville's greenhouse gasses, which is also completed; trying to meet their target of reducing a majority of Charlottesville's greenhouse gas emissions by June 2019; and enacting their plan of going totally solar in and around Charlottesville by June 2020. Fischer produced a call to action for Charlottesville to follow by attending the next City Council meeting that is being held on Friday, Feb. 1.

The final speaker was Adjunct English Instructor Lisa Glassco. The main idea of her speech was going green by eating. Glassco presented numerous facts about saving trees, oxygen, and soil by eating vegetarian. She also said that there are over 50 celebrities past and present that have converted to eating vegetarian. Contrary to some popular views, eating vegetarian saves more than just cattle; it saves trees, breathable oxygen, and even our natural resources.

In between each of the speakers were the Green Grannies, a group of older women that provide entertainment and education at the same time with song. They sang songs that were promoting solar energy usage and many other ways to save the natural resources available on Earth.

For more information about any of these companies or sources please visit C'Ville 100's website https://www.cvilleclimate.org/ or contact any one of the panelists via their respective companies.

# Reclaiming Civil Society Through Dialogue

Bryn Dotson, assistant editor

In 2016, the country was plagued by extreme political division. The presidential election resulted in a severe crack in the country's unity. In 2017, while the immediate aftermath of the election had subsided, the country was left with a visible scar. PVCC's annual Civic Leadership Conference has been designed to help mend those wounds and create a safe, respectful space to educate and engage students on politics. Also to emphasize the importance of getting involved and having their voices heard.

This year's event, which is specifically focused on the students reclaiming students' civil society, is especially important.

"Gen-Z and millennials are going to rule the world," said Assistant Professor of Political Science Connie Jorgensen. In this political climate, the baby boomers are handing off the political baton to the younger generations; being educated on issues is critical for survival.

Jorgensen highlighted the significance of the conference, saying that "it can be a helpful way to solve bad political situations" and "wicked problems." During the event, there will be many opportunities for students to use their voices, including a Deliberative Dialogue session. Jorgensen explained that "students facilitate dialogues" that allow them to express their thoughts and positions on specific topics.

She strongly encourages students to make an appearance: "Students who have attended one or more of these events have only given us positive feedback."

There are five different panels throughout the event that cover an array of topics. These panels include debates on the electoral college, discussing if media is a foe rather than a friend, social activism, and more. Throughout the day, there will be question and answer sessions for students to continuously engage in.

The conference will be held in the Bolick Student Center in the Main Building on Feb. 16 from 8 a.m. to 4 p.m. The registration is free of charge and opens next week. The school will offer breakfast and lunch.

Jorgensen stresses that students who are interested in attending should sign up early, as there are only 100 spots available.

For more information, keep an eye out for the updated website page for 2019's conference. Questions or concerns? Contact Jorgensen at cjorgensen@pvcc.edu.

"Register and tell your friends to come," said Jorgensen.



Photo Courtesy of PVCC Office of Marketing and Media Relations

# Student Organizations at PVCC

Adult Student Life Club

Adviser Denise McCalahan, dmccalahan@pvcc.edu

American Sign Language Club Adviser Susan Hannifan, shannifan@pvcc.edu

Anime Club Adviser Noriko Donahue, ndonahue@pvcc.edu

Art/Film Series Adviser Beryl Solla, bsolla@pvcc.edu

Black Student Alliance Adviser Justin Wert, jwert@pvcc.edu

**Board Game Club** Adviser Bruce Glassco, bglassco@pvcc.edu

**Book Club** Adviser Crystal Newell, cnewell@pvcc.edu

**Brony Club** Adviser Michael Ferero, mferero@pvcc.edu

### **Chess Club**

Creative Writing Club Adviser Jennifer Koster, jkoster@pvcc.edu

CRU Adviser André Luck , aluck@pvcc.edu

**Cybersecurity Club** Adviser Richard Seweryniak, rseweryniak@pvcc.edu

Dance Club Adviser Michelle Cooper, mcooper@pvcc.edu

Earth Guardians Adviser pvcc.earth.crew@gmail.com Engineering/Makers Club Adviser Hunter Moore, hmoore@pvcc.edu

French Club Adviser Kris Swanson, kswanson@pvcc.edu

Gender Equality Club Adviser Connie Jorgensen, cjorgensen@pvcc.edu

**German Club** Adviser Patricia Jassmann, pjassmann@pvcc.edu

**Graphics Club** Adviser Aaron Miller, amiller@pvcc.edu

**Homeschool Club** 

HOPE@Piedmont Adviser HopeAtPiedmont@gmail.com

Horticulture & Environmental Club Co-advisers David Lerman, dlerman@pvcc.edu, or Jennifer Scott, jscott@pvcc.edu

International Club Adviser Irina Timchenko, itimchenko@pvcc.edu

Investment Club Adviser: Mahmood Moghimzadeh, mmoghimzadeh@pvcc.edu

Japan Club Adviser Noriko Donahue ndonahue@pvcc.edu

Latter-Day Saints Adviser Andrew Renshaw, arenshaw@pvcc.edu

LGBTQA Advisers Barbara Heyl, bheyl@pvcc.edu, Dr. Jessica Kingsley jkingsley@pvcc.edu

# Student Organizations at PVCC cont'd

#### Math Club (Mu Alpha Theta)

Advisers Karen Overman koverman@pvcc.edu, and Justin Storer jstorer@pvcc.edu

Music Club Adviser Brianne Little, blittle@pvcc.edu

Pagans & Wiccans (PAW) Adviser Colum Lecky, cleckey@pvcc.edu

### People Empowering People (PEP)

Adviser Susan Hannifan, shannifan@pvcc.edu

#### Phi Theta Kappa

Advisers Bruce Robinson, brobinson@pvcc.edu, and Kit Decker, kdecker@pvcc.edu

Pottery Club Adviser Tom Clarkson, tclarkson@pvcc.edu

**Psychology Club** Adviser Michael Rahilly, mrahilly@pvcc.edu

**PVCC Volunteer Club** Adviser Todd Platts, tplatts@pvcc.edu

Radiography Club Adviser Nicole Winkler, nwinkler@pvcc.edu

Rotoract Club Adviser Miriam Rushfinn, mrushfinn@pvcc.edu

Science Club Adviser Anne Allison, aallison@pvcc.edu

**Sonography Club** Adviser Lisa Burrington, lburrington@pvcc.edu

### Spanish Club (Club de Español)

Advisers Kit Decker, kdecker@pvcc.edu, and Jorge Grajales-Diaz, jgrajalesdiaz@pvcc.edu

**Student Government Association (SGA)** Adviser Shawn Anderson sanderson@pvcc.edu

**Student Launch Team** Adviser Yana Goddard, ygoddard@pvcc.edu

Student Nurses Association of Piedmont (SNAP)

**Student Veterans of America (SVA)** Adviser Jacquelyn Fisher, jfisher@pvcc.edu

**The Forum** Adviser Tamara Whyte, twhyte@pvcc.edu

VA 21 Adviser Connie Jorgensen, jorgensen@pvcc.edu

**Vegan Club** Adviser Elsa Spencer, espencer@pvcc.edu

Ultimate Frisbee Club Adviser John Gulley, jgulley@pvcc.edu

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# Improvising The World of Improv

Madison Weikle, staff writer

"Improv at its heart is the art of making the other person look good on stage. It is saying 'Yes' to everything that your partner and the environment gives you and then adding an 'and.' It's filling in the context for the audience and your partner by hinting at Who What Where and When in every scene in some way so that each moment is filled with awe of possibilities and also grounded in the moment," said Assistant Professor of Theatre Arts Brad Stoller.

Stoller has been leading the Third Friday Improv Series at PVCC for five years. Workshops take place from 6-7 p.m. every third Friday of the month in the Dickinson Black Box Theatre. Stoller says it is all about working in the moment, no matter where, or when the moment is.

"It might be five hundred years ago in Shakespeare world with an aging queen barging into your bedroom to demand human sacrifice for the slanders you have written about her, or just a dog and his child playing frisbee on the beach while mom and dad fight over what to have for dinner," said Stoller.

Third Friday Night Improv is open to everyone, students and non-students alike. Stoller said there is a variety of people who show up; there is not one "type" of person who does improv.

"I direct these improvisations with whoever shows up. I get senior citizens and middle schoolers. The retired professors and the dropouts. They all want to learn to play again because almost universally we have lost that ability to drop our particular 'mortal coil' and grasp desperately to those things we know than fly to adventures we know not of," said Stoller.

The next workshop will take place on Friday Feb. 22, 2019, from 6-7 p.m. in the Dickinson Black Box Theatre on PVCC's Main Campus.

Stoller said, "Take a risk and ask for more. You'll be surprised by how often the universe says yes back to you."

# Preview: Having the Time of My Life

Madison Weikle, staff writer

*"Time Of My Life* is about many things, all at the same time. A tightly-knit, somewhat insular family doing the things that a family is supposed to do, despite the stresses engendered by their interpersonal relationships," said Director Chip Staples.

Staples is directing PVCC's Spring Production *Time of My Life* by Alan Ayckbourn. *Time Of My Life* will be his first directing experience.

Staples said, "I've been working with PVCC Theatre in many capacities for the past few years, including as performer, stage manager, and assistant director. When we were discussing the Spring, 2019 plays, Brad Stoller (PVCC Assistant Professor of Theatre Arts) invited me to direct one of them. I had already been thinking that I was ready to direct a play, so the opportunity came at the perfect time for me."

Unlike previous PVCC performances, Staples is not looking for a community impact. He says, "I think *Time Of My Life* is a play that will have more of an impact on individuals rather than the community at large. It doesn't touch on large issues like West Side Story or Cabaret but rather on individual self-knowledge, close, but not necessarily healthy, interpersonal relationships, and the ways in which an insular group, such as a family, can unintentionally damage itself and its members while believing itself to be supportive."

A glamourous performance is not Staples'

goal, he said he is working towards building each character and helping them create a "life story." He said, "I see this play as having a very closed, even claustrophobic feel to it, and I want to through the convey that set. the performance, and the character interactions." He said he hopes to work towards an intimate setting through the relationships between characters and minimal movement of set and actors.

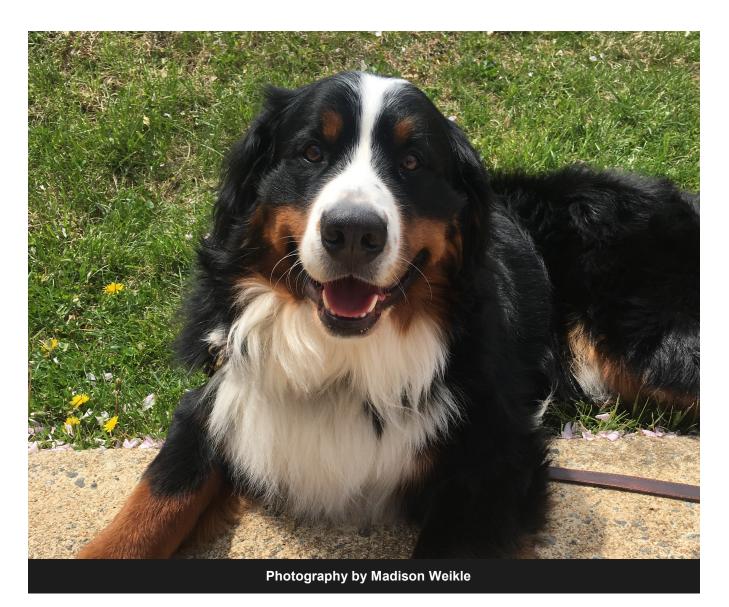
Working on the relationships between characters is one thing, but Staples is hoping to create individual connections with the audience as well. To accomplish this, he has decided to make his own adjustments to the play. Staples said, "One change we are introducing in this production is to make it somewhat more accessible to current audiences, is to make the character of Maureen, written as a lower-class exuberant and flamboyant female hairdresser, looked down on by the middle -class Stratton family, into Maur, an ambiguously androgynous glam goth hairdresser, looked down on by the middle-class Stratton family. I believe that non-standard gender identity as a, mistaken, reason for disdaining someone should be very recognizable, and often relatable, to current audiences."

The performance will take place April 4-6 from 7:30-9 p.m. and April 7 at 2:30-4 p.m., and will star Alex Citron as Gerry Stratton, Shelley Cole as Laura Stratton, Bob Abbott as Glyn Stratton, Rain Eguiguren as Stephanie Stratton, Corey Darnellas Maur, and Shane Rose as Calvinu.

Staples said, "The main reason I like volunteering for PVCC Theatre is that PVCC Theatre approaches student theatre in a way I haven't seen before in Charlottesville. The goal is to involve as many students as possible in every production, while at the same time crafting the to expose them to real-world experience production processes, to give them the opportunity to work closely with non-student performers and technical staff, and to create a performance that draws people from the community at large based on the performance quality."



Photo courtesy of PVCC Fine Arts & Performances



### Pet Away Stress with Marley the Dog

Liberty Anderson, staff writer

Throughout the semester, PVCC has events to de-stress its students. The student government association in conjunction with the student success office plans most of the destress events. The college knows that anxiety and stress are major factors in a student's life.

"It's okay to reach out," said David Lerman, director of student success and retention. Keep in mind throughout the semester that there are "caring and compassionate people" available to help you.

For the past three semesters, PVCC has brought in a certified therapy dog named Marley. Marley, a Bernese mountain dog, is a part of Love on a Leash, a nonprofit that allows pet therapy owners and their animals to engage the community.

Marley goes to the Johnson and Cale elementary schools as well as PVCC throughout the year.

According to Lerman, last time Marley came to PVCC, "There was a flood of students, sitting on the floor."

"They left with smiles on their faces," said Amanda Urban, Marley's owner. Taking time to sit back and pet a dog is a great way to relax and take a break.

Throughout the semester, remember to take a break. Remember the resources available to you: Coaching, counseling, and de-stress activities. PVCC cares about the well-being of its students. Students simply need to reach out.

# Entrepreneurs Talk Trade Tips and Internships

Shawn Kochhar, assistant editor

On Jan. 24, students and staff gathered in the North Mall Meeting Room to hear from three entrepreneurs who each own their own companies. They were business owners in the arts and humanities field. It was an opportunity for attendees to learn about how these entrepreneurs started their businesses, about their ideals and how they excel at what they do. It was also a way for students to learn about what employers are looking for in employees and interns as well as way for the employers to branch out to the community and answer questions from possible prospects.

Andre Luck, career services manager at PVCC, hosted the meeting. The panelists that attended were Lorenzo Dickenson, filmmaker and social media marketer of Maupintown Media; Emily Morrison, cofounder and executive director of The Front Porch; and Matthew Gibson, executive director of Virginia Humanities.

This event was a great way for students to learn about the mindset of employers who are looking to hire, the type of positions they are looking for, and the attitudes they seek in prospects. They are looking for hard working individuals that are open to learn new things, and have a fresh outlook on the world. This was also an opportunity for these employers to explain what they are searching for within their companies and search for interns who can help them continue to grow their company. An internship, most times unpaid, is a great way to develop skills in that field or into other fields student may be going into.

When asked about internships, Matthew Gibson said "If you are civically engaged and you are passionate about helping society, you can also go out and do volunteer work."

"Follow your gift; your gift will make room for you," said Lorenzo Dickenson.



# Workforce Services Offers Variety of Options

Jamie Blake, staff writer

When deciding what one wants to do with their life, there are many paths to take and options to choose from. It can feel overwhelming going back to school for so long, because it is not for everyone. The thought of trying to go through the process might not appeal to everyone, which is why most community colleges, like PVCC, offer a work services program.

Workforce Services at PVCC offers a variety of options for people who are looking to go into a certain field that requires industrial training. PVCC offers Nursing programs, CDL Training, and Business classes for individuals seeking work without the drawn out process of a degree.

The Dean of Workforce Services Valerie Palamountain has been monumental to PVCC's success and the successful members of society. Health and wellness courses offered at PVCC have lead to careers in hospitals for students. The CDL program generates about 150-200 certifications each year.

Workforce services offers courses here on campus to kids who are in grades first through tenth to further their education in arts and STEM. This program has opened many doors for these young kids and approximately 40 percent of the kids in these programs continue college at PVCC, said Valerie.

Workforce Services offers a wide variety of opportunities for the Charlottesville community. If you want to seek options besides a degree, check out Workforce Services located in the Stultz Center, the first building on the right as you turn onto College Drive.

# Leslie Odom Jr. Shares His Success Story at JPJ

Rachel Lemley, staff writer

Leslie Odom Jr. had once said, "The path to moments of greatness in your life will be paved, in part, with your spectacular failures," At 2 p.m. on Jan. 19, over a thousand UVA students and residents of Charlottesville gathered at the John Paul Jones arena to hear author and actor Leslie Odom Jr. speak. Although he is known primarily for his role as Aaron Burr in the Broadway hit *Hamilton*, Odom came to Virginia to give advice, speak about his life, and promote his autobiography *Failing Up*.

Many people, including my friends and I, stood out in the rain for two hours to be able to get his autograph; the first 50 people to buy his book (\$20) were allowed to meet him. The wait was long and exhausting, but it was worth it when we got to see him because Odom was kind and easy to talk to.

The venue itself was large, but the acoustics were great, making for a great interview and experience. The smell of popcorn hung heavily in the air as we frantically shuffled through the crowds of people to find a decent spot.

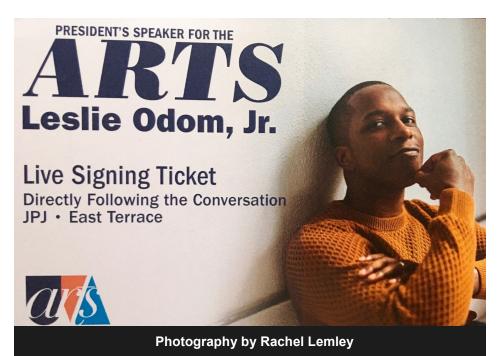
Distant conversations echoed across the open space. Seating varied from the rough metal seats on the floor to the cushy theatre seats on the sides of the arena that gradually rose to allow for a better sight. If you wanted the best and closest seating, be prepared to wait in long lines and be slightly uncomfortable in the fold out chairs at the front.

After some uplifting and upbeat songs from the musical groups of Black Voices Gospel Choir and Under The Stairwell, Leslie Odom and UVA president Jim Ryan took the stage to talk about life, failing, and working towards what you love.

Although I wish Odom would have spoken more about his experiences in *Hamilton* and taken additional time to offer advice, he did an excellent job of answering the questions thoroughly and giving the audience many things to think about. He gave his opinions on civil rights, raising his daughter, and finding a pathway in life.

At the end of the talk, despite all of us assuming he would perform a song from *Hamilton*, he sang something more classic. He is very talented, and it was touching nonetheless. Afterward, those who were the first 50 to buy his book lined up excitedly to meet the star.

Even though we did not get much time with Odom, it was uplifting to meet such an inspirational individual, and he left a kind note in each of the books we purchased. His book, *Failing Up*, was both informational and inspirational, and I enjoyed reading about all his experiences, both good and bad.



Overall, it was a memorable experience without too much waiting; however I wish that Leslie Odom Jr. had left additional time for talking and one or two *Hamilton* songs.

The event was not expensive, since tickets were free, and the John Paul Jones arena, although crowded, was spacious and comfortable. The effort was definitely worth the experience.

I encourage the reader to check out JPJ and Leslie Odom's autobiography *Failing Up* to decide for themselves.

# Hollywood Starlet Dazzles Moviegoers

Tiana Sigala, staff writer

One of cinema's most dynamic figures has returned to the big screen — for a limited time. Charlottesville's Alamo Drafthouse Cinema has arranged an eight-week series of Mondays with Audrey; each week hosting an Audrey Hepburn film, bringing together cinephiles and film newbies alike to enjoy one of Hollywood's most beloved darlings.

It can be difficult to review classic films, partly because there is not much to be said that has not been said already and partly because who could be so vain as to feel they have a new spin on such, beloved films. What does a millenial have to say about movies twice their age?

While it seems integral to the culture of youth to criticize things of age, to consider them outdone, or write them off simply because of their age, this urge fails the collective mind when it comes to Hepburn movies.

Herein lies the secret that makes this event a winner: there is something that never dies about these classic films. The jokes are still crisp and the wit is still cutting and clever. Hepburn's beauty and mid-Atlantic elocution are timeless in their elegance. Moreover, the themes themselves have endured.

To watch Princess Ann play out the battle between her role as a monarch and her desperate want to experience life free of this duty, is to recognize immediately one's own desire to live a life unencumbered by responsibility, weightless as a bird, or a gorgeous young dame on a vespa in Rome. To see Hepburn's doe-eyes well up with tears upon watching her unrequited love dance with another is to feel for Sabrina, either in solidarity or in envy of a love so all encompassing as that of a young chauffeur's daughter for the playboy Larrabee.

The struggle young Jo Stockton faces in living by her ideals and morals while the world around her demanded she be something she didn't believe in, to act as a pawn for an industry she didn't subscribe to, is something most young people must come to terms with —a bit of familiarity, wrapped up in endearing dance numbers and fashion by Givenchy to boot.

Beyond the inescapable presence and life of

Audrey's first few films, we would be remiss not to mention the care the host took to create ambience. Alamo Drafthouse Creative Director James Sanford spoke before and after the screenings to give some trivia and background, and to tie the production up in a neat bow, offering comical considerations as far as the rumor mill of the times, or actor squabbles.

"And if you're pleased with your service, please remember to tip your waiters, as they've already had lucrative offers from the Larrabee estate," quipped Sanford before the *Sabrina showing*.

This group address served to give the experience a personal and precious feeling, as though the theatre were not a room full of strangers come together to watch a movie, but instead a room of friends, come to laugh and enjoy a classic together.

There is little to be said of the theatre itself that isn't derivative of some other review; the seats are comfy, and doubly so if you choose a row where the seats recline.

The menu is large and somewhat varied, but rather expensive — snacks run between 6 - 8.99, entrees between 9.90 - 13.90 — and rather heavy. One could find, after having tried a few of the entrees, that the food is a bit too decadent, with use of oils and cheeses approaching greasy, and alternative diet options limited and ill-thought -out.

Overall, the Alamo Drafthouse has hit a homerun with its decision to host Mondays with Audrey. In bringing back these fan favorites, the cinema allows fans young an old a chance to view the starlet's pictures as they were meant to be seen—in Technicolor and Dolby Digital sound. Alamo offers a look into Hepburn's life —her upbringing, shining moments, and her scandals in a cozy and inviting setting, with all the trappings of a high-quality —if a bit indulgent theatre experience.

Mondays with Audrey will run until February 25, featuring such titles as *Wait Until Dark* and *Breakfast At Tiffany's*, at the comparatively low price of \$10 per ticket.

Showtimes and tickets can be found on the Charlottesville Alamo Drafthouse Cinema website.

### **Delicious Sandwiches at Ivy Provisions**

Jamie Blake, staff writer

Tucked off to the side of Ivy road, there is a quaint restaurant that the people of Charlottesville have grown to love. The menu is eclectic, serving different sandwiches, homemade sides and hot coffee. All the food is prepared fresh daily to give you the most for your money. If you drive too fast you will miss it. The restaurant is Ivy Provisions, and it is an absolute gem in the Charlottesville community.

Ivy Provisions, or IVP, serves up the freshest sandwiches, for breakfast or lunch, and different salads and sides to go with them. They also accommodate people with a coffee bar, equipped to make all the coffee drinks. Their fridge is stocked full of homemade juices, craft beers, and different sodas.

The experience of eating at IVP is one that will make you feel satisfied when you leave. The choices on their menu will make it hard for you to choose. Some of the options they offer are excellent breakfast sandwiches that come with something they like to call a souffle egg that you will not find anywhere else.

The sandwiches are packed full of egg, meat, and cheese. They also have more sophisticated options, such as their sandwich the Cali Girl which has souffle egg, arugula, avocado, and herb cream cheese. All the breakfast sandwiches are served on homemade biscuits with prices ranging from \$5-9.

Their lunch options are just as great, if not better. The chicken shack (\$10) is a crowd favorite with fried chicken, pimento cheese, smoked bacon, pickles, onion, and lettuce on a baguette. The lunch sandwiches range in price and all give you that homemade feel.

I spoke to Seth Dusci, a customer at IVP, and he said, "I always like to come here because I know I will be getting something good every time. I like to change what I am getting each time too because I know everything is good!"

Ivy Provisions is at 2206 Ivy Road, Charlottesville, and are open Monday-Saturday 7 a.m. to 7 p.m. and Sunday 8 a.m. to 4 p.m.



Photography by Jaime Blake

# Indulge Your Sweet Tooth at J-Petal

Montana Mitchell, staff writer

Starting with one store in Brooklyn, New York, J-Petal has become a popular Japanese crepe and Thai ice cream shop all over the East Coast. Now people in Charlottesville can enjoy it too.

J-Petal specializes in fresh and healthy foods. They offer fresh fruit, meat, and vegetables in their crepes. Every option also includes gluten-free ingredients and rice flour.

"We say choosing J-Petal is choosing health because it's true!" says employee Megan.

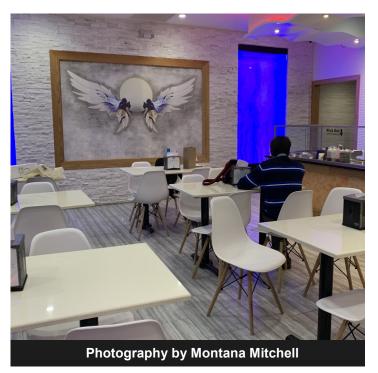
J-Petal is near the center of the Barracks Road Shopping Center. When first walking into the shop, people smell the sweet aroma of fruit and ice cream. Along with the sugary smells, J-Petal has an aesthetically pleasing look. Glowing neon lights, marble designed tile floors, and a giant art piece of angels and

the moon are some of the décor that makes J-Petal unique in design.

Deciding what to order can be the hardest part. Choosing between their rolled ice cream, sweet crepes, savory crepes, light bulb drinks, and specialty drinks can be tricky. People can be overwhelmed with all of the pictures they provide of their yummy foods and drinks. After choosing



Photography by Montana Mitchell



what to order, people can also modify the dishes to be exactly what they want.

Jessica Knight, a customer of J-Petal said, "This is like a Chipotle of desserts and food. There is so much to choose from and so much to add to them."

I chose the Matcha Chocolate Truffle. Just like this sweet crepe, every crepe they offer has some kind of fruit in them. The Matcha Chocolate Truffle (\$8.75) consists of strawberries, bananas, homemade chocolate truffles, almonds, vanilla ice cream, whipped yogurt, matcha custard cream, and two chocolate Pocky sticks.

Once the food is chosen, people get to watch the cooks make their food right in front of them. The techniques they use are performed like in a high-end Sakura Japanese restaurant.

J-Petal serves their crepes in a metal stand so customers do not have to hold them while they eat. It is helpful and makes the crepe easier to observe, as they are beautiful. Aside from the appearance, they taste as good as they look. The crepes are soft, the fruit tastes fresh and the ice cream included tastes great.

J-Petal is open seven days a week. 11 a.m. to 9:30 p.m. Sunday through Thursday and 11 a.m. to 10:30 p.m. Friday and Saturday.

# Classifieds

### The Writing Center@PVCC presents English Conversation Circle Spring 2019

Wednesdays 12:00-1:00 p.m.

For non-native English speakers In The Writing Center Lab, M627 Practice speaking English in an informal setting. No homework is required. English Conversation Circle will not be held on days when classes are not in session.

Jan. 23: Setting Goals Jan. 30: Winter Feb. 6 Education Feb. 13: Adventure & Taking Risks Feb. 20: Family Ties & Values Feb. 27: Personality & Individuality Mar. 6: Aging Gracefully Mar. 13: Spring Break—No ECC Mar. 20 Wealth & Luxury Mar. 27 — May 1: To Be Announced

Questions? Contact The Writing Center at PVCC. Call 434-961-5499 or email jkoster@pvcc.edu.



Check us out on social media @PVCCForum

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### **Contact Us**

#### The Forum

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The Forum offers classified space to the PVCC community free of charge. Please send announcements along with full name, email, and phone number to: twhyte@pvcc.edu.

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