

Lt. Gov. Justin Fairfax Delivers PVCC Commencement Speech

Check out photos from Spring Fling on pages 12-13

Richard Hollis, staff writer

Every graduation needs a commencement speech, usually given by a prominent member of government or maybe an alumni of that institution. Someone who has become successful with the knowledge they gained while attending that institution. This year marks PVCC's 45th commencement ceremony, which will be held in the John Paul Jones Arena, and the speaker for this year will be Lieutenant Governor of Virginia Justin Fairfax.

According to the Commonwealth of Virginia's website, Fairfax is Virginia's 41st lieutenant governor. He is also a member of the Democratic party, a former U.S. attorney, and private attorney for the firm Venable LLP.

On the political spectrum, he takes up issues such as supporting the training of skilled

tradesman , electricians, and pipefitters, as well as supporting higher minimum wage for workers. He also supports actions to use renewable energy sources. Lastly, he is in favor of Patient Protection and Affordable Care Act, which advocates for requiring insurance companies accept all applicants and charge them the same rates.

Fairfax has gained experience through his vast political career and his time spent as a U.S. attorney. He may bring a wealth of knowledge and wisdom to his upcoming speech for PVCC's graduation ceremony. He will be sharing his experiences with the graduates to show how hard he has worked to get to the position he holds today.

For those interested in hearing Fairfax's graduation speech, graduation will be held May 11 at 6 p.m. in the John Paul Jones Arena.



Photo courtesy of Lieutenant Governor Justin Fairfax website

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DATES TO REMEMBER

— **Final Exams** —

May 1 to May 7

— **Radiography Pinning Ceremony** —

May 8, 6-8 p.m., Dickinson Main Stage

— **Sonography Pinning Ceremony** —

May 9, 6-8 p.m., Dickinson Main Stage

— **Graduation 2018** —

May 11, 6 p.m., John Paul Jones Arena

— **Festival of Cultures** —

May 12, 10 a.m. to 4 p.m.,
Booker T. Washington Park

— **Albemarle Ballet Theatre Spring Gala** —

May 12, 1-8 p.m., Dickinson Main Stage

— **Summer Classes Begin** —

May 21

— **Memorial Day Holiday: Classes Cancelled** —

May 28

— **American Red Cross Blood Drive** —

June 6, 10 a.m.-3 p.m., North Mall Meeting Room

— **Education and Career Resource Fair** —

June 12, 6-8 p.m., North Mall Meeting Room

— **Virginia 21 Professional Summit** —

June 22, 8:30 a.m.-3 p.m., North Mall Meeting Room

— **Independence Day: Classes Cancelled** —

July 4

— **Summer Classes End** —

Aug. 1

— **Fall Classes Begin** —

Aug. 20

*Free Event ^Student Vouchers Available

What I Wish I had Known

Skye Scott, assistant editor

After three years of joining clubs, participating in classes, and interacting with peers and professors, I am finally graduating in Spring 2018.

As I look back on the years at PVCC, there are many lessons I wish I could pass on. But, for lack of space and time, here are a few that I wish I had started my journey knowing.

It is okay to mess up. This is probably the biggest one. There will be times that you mess up, where everything is not perfect.

Those times should be expected and used as learning opportunities. Even if you feel like you have messed up more than anyone else, there is always time to change as long as you work hard towards that goal.

Get help. There are so many resources at PVCC that I did not know about my first semester. Admitting you need help is not an act of failure; it is a step towards success.

Statistically, students who seek help from the Writing Center, First Quadrant Math Center, and their professors do better in PVCC classes than their peers who do not.

Take time for yourself. Doing things that make you happy and take your mind off work and school are essential for a mentally healthy semester.

Take walks during the day, take a bath at night, eat cookies, or even watch your favorite TV show. Activities that make you happy will also refresh you and make you more productive when you do homework.



Student Government Association News

In April, we successfully held the annual Spring Fling in the Bolick center. We had a great turnout, and people loved all of the free food, live music, and had fun riding the mechanical bull.

We held our elections for new SGA officers! Congratulations to President Sophia Keniston, Vice-President Joel Gibbons, Director of Events Alexander Goldberg, and Director of Public Relations Alexandra Keniston. Last Wednesday, we held a celebration for the end of the year with included pizza and an initiation for our new Executive Board.

Our new administration is beginning the QEP (Quality Enhancement Plan) Process as a representation of the college's desires. We held a discussion at our last General Assembly meeting on what we thought the students might like done in the next ten years.

The SGA is headed to Kings Dominion on Saturday, April 28, 2018, to bond and have fun!



PVCC mascot Pouncer rides a mechanical Bull at the Spring Fling.
Photograph courtesy of PVCC SGA.



Photography courtesy of Zakira Beasley

Enjoy the Festival of Cultures

Tyler Gaines, staff writer

Festival of Cultures has been a local event in the Charlottesville community since 2004. This year would mark the 15th anniversary of Festival of Cultures. This event is brought to us with the

help of the Thomas Jefferson Adult and Career Education (TJACE) Program at PVCC.

According to Zakira Beasley, an ESOL teacher at the Charlottesville Adult Learning Center and a current organizer of the event, the purpose of this event is to celebrate the cultural and linguistic diversity in the community, increase awareness of that diversity in a respectful environment, provide an opportunity for building a bridge of communication between newcomers and established residents in the area, and showcase the contributions of newcomers to our community.

Beasley said, “The Festival has grown over the years to encompass more than 30 cultures through music and dance performances, cultural exhibits and food. Attendance has also grown to over 2,500 attendees, multiplying opportunities for neighbors to meet each other and learn from each other. When we look in our own community and around the world, we can see so many problems. The Festival is an opportunity to celebrate how, when we get to know each other, we can move beyond fear to the possibility of understanding.”

Festival of Cultures takes place May 12. If you have free time this summer, come out to dance, try different foods, and experience what cultural diversity looks like.



Photography courtesy of Zakira Beasley

Chill out @ PVCC's Chill Out Arcade

Andrew Ferralli, staff writer

In the 1980s, it was common to see arcades and Pac-Man machines in convenience stores, but in 2018, this is no longer the case.

The Maker's Club at PVCC has been working on a top secret project. Retro-style arcades are becoming a reality to new generations at PVCC. It is a 1000 in one arcade machine, designed and built by students. The Maker's Club, also known as The Engineering Club, are the ones responsible for the arcade build.

"Now that we are The Maker's Club, I am excited for the direction that we are headed in... I would love to benefit the college as well as raise money for The 44¢ Cure," said club President Ivan Hernandez.

I am leading the project myself, and although I have helped make the project a reality, the real credit for the build goes to Ivan Hernandez and Jin Mo Yang. Hernandez, Yang, and myself have worked vigorously to make this project a reality.

There are many components that go into the arcade machines, more formally called arcade cabinets. This particular machine, The Chill Out Arcade, is a two-player horizontal screen orientation cabinet. The arcade features many of the arcade classics people know and love.

Hernandez and Yang both predict the Street Fighter series to be the most popular of the set.

For less violent options, the cabinet also features Super Mario Bros and Pac-Man. The Makers Club has decided to make the arcade completely free to play.

Although the arcade games are free to play, the arcade machine has a built-in donation box to The 44¢ Cure. The charity goes into developing nations with medicine costing only forty-four cents to produce. The medication kills parasites which have the potential to kill sick children. The donation also goes towards creating fresh water sources with water filtration kits. The club decided to donate to The 44¢ Cure charity because it is a reputable source that costs less than two quarters to cure one child. Two quarters are a common price to run a typical arcade machine.

The machine will be in the Bolick Center of the main building. If you play, please be courteous of students working on assignments. Recognizing potential issues, The Maker's Club has built the arcade to have low sound directed towards the players..

The Maker's Club is planning on building a second arcade machine during the 2018 fall semester.

"I would recommend this club to anyone who not only likes to build machine, but to build relationships as well," said Yang. If interested in joining the club, feel free to contact Ivan Hernandez at aih234@email.vccs.edu



Photography by Andrew Ferralli

Chow Down on Chocolate and Fine Arts

Bryn Dotson, staff writer

The stark white walls were livened by pieces of art that burst with color on April 20, 2018, for the Annual Student Exhibition and Seventh Annual Chocolate Showdown event. Young and old gathered around the various art pieces, which ranged from sculpture and painting to drawings and ceramics.

The artists' hard work was paired with decadent chocolate. The art club provided Gearharts Fine Chocolates, Sweethaus cupcakes, and handmade chocolate-dipped strawberries and cream puffs. PVCC's Professor of Art Beryl Solla hosted the event.



PVCC student Mattie Weikle said, "I think the event was a great way to help students prepare for the final week of classes; I could tell the chefs worked really hard to prepare each chocolate, and I really enjoyed the strawberries."

The event took place in the V. Earl Dickinson building from 5-7 p.m. There was still plenty of chocolate for people who were showing up around 6 p.m.

The environment was casual, family-friendly and not crowded. Viewers mingled with each other and appreciated the art with chocolate in hand.

"The final week is super stressful, and having a chocolate festival really helped to brighten my mood," Weikle said.



Photography by Madison Weikle

Darlin' Oh Darlin', I Love The Hunts

Bryn Dotson, staff writer

An impatient line developed outside the V. Earl Dickinson Building on PVCC's main campus on April 22, 2018. The crowd was eagerly waiting to enter the building to witness the local indie band The Hunts perform. People shuffled into the Main Stage Theatre and hastily sat, their eyes glued to the colorfully lit stage. The seats were two rows shy of being completely filled, resulting in the small auditorium being alive with roaring chatter.

After 15 minutes, the audience had been seated and settled. The doors on either side of the auditorium closed, and the room grew silent and dark.

Spotlights abruptly illuminated the stage and an excited uproar from the crowd was followed by the six members of The Hunts emerging. The lead singer of the band, Josh Hunt, introduced himself with the band, and the audience responded with an enthusiastic applause.

The band immediately launched into playing.

The mood of the band was fast-paced and upbeat. The diverse instruments included a viola, a violin, a mandolin, a guitar, tambourines, and a piano.

"They were all incredibly talented, it was amazing how they could all trade off instruments," said Noah Hebert, a recent graduate from Blue Ridge Community College.

The Hunts primarily focused on songs from their recently released album, *Darlin' Oh Darlin'*, but played a couple of songs off some of their older albums. After completing their final song, the band left the stage.

The audience stood and chanted for an encore, which the band enthusiastically ran back on stage to perform.

After concluding with their encore song, the band stood together and bowed to the crowd. They scuttled off the stage and the audience was ushered out to the main lobby where various types of merchandise were being sold.

For more opportunities to see The Hunts in concert, visit their website at <https://www.thehunsmusic.com/>.

West Side Story: Going out with a Bang

Madison Weikle, staff writer

The stage lights open on a spunky, blonde dancer. She smiles at the audience then with a snap of her fingers, the band starts to play. *West Side Story* is a musical take on the classic story of Shakespeare's *Romeo and Juliet*. The performance, like the play itself, went through a series of ups and downs, ending on a bang.

While some performances were less than satisfactory and a few casting choices puzzled the audience, many of the roles were portrayed by strong singers and skilled actors. Stephanie Owen, who played Velma, stunned audiences with her acrobatic-like dance moves. Anna Hicks, portraying Anita, belted her way into the heart of every person in the room.

Maria, played by Anya

Risner, sang with a gentle soprano voice, fit for the star-crossed lover. Her powerful voice echoed through the audience as she sang, "There's a place for us. Somewhere a place for us. Peace and quiet and open air. Wait for us. Somewhere." Maria sings the reprise of "Somewhere" after her lover Tony is killed by her fiance Chino. Risner's voice, while beautiful, overshadowed that of her co-star Jonah Goodman who struggled to hit the high notes Risner glided through.

However, the show went on through all the sharp and flat notes and the experience was overall positive.

Owen said, "The cast really bonded and we all worked really hard to put it together. I think it was important to Charlottesville because of the content. It showed that change is possible even if it isn't easy. It reminded everyone that love can conquer hate."



Photography by Madison Weikle

Petting Away Exam Stress with Help from Marley

Madison Weikle, staff writer

The PVCC Student Success Office in collaboration with the SGA hosted the Pet Away Stress event from April 23-25, 2018. The event kicked off with free food and coloring pages in the student center and ended outside with stress-ball making and socializing with Marley Urban, a local therapy dog.

“Marley is a nickname for Albemarle,” explained Amanda Urban, Marley’s owner. “His name is actually Albemarle, but we call him Marley for short.”

Marley has been a therapy dog since Nov. 17, 2017. He works with children at local elementary schools where the students read to him every week.

Urban said, “Marley is my third Bernese Mountain dog; I’ve always



Photography by Madison Weikle



been interested in having a therapy dog. So I asked the breeder for a dog who had the disposition to be therapy dog, and Marley was perfect.”

As students walked by the event, many stopped to give Marley a quick pet while others layed down and cuddled with him.

Advisor Deanne Browning, who helped organize the event, said, “Everyone who walks by can’t help but smile.”

Browning was right, even the students who did not stop to pet Marley looked back with huge smiles just at the presence of a canine pal on campus.

Urban believes having a therapy dog on campus helps ease students’ stress greatly.

She said, “Anything that gives students a chance to take a break and reduce stress can be helpful.”

2018 Peep-O-Rama

Deadra Miller, staff writer

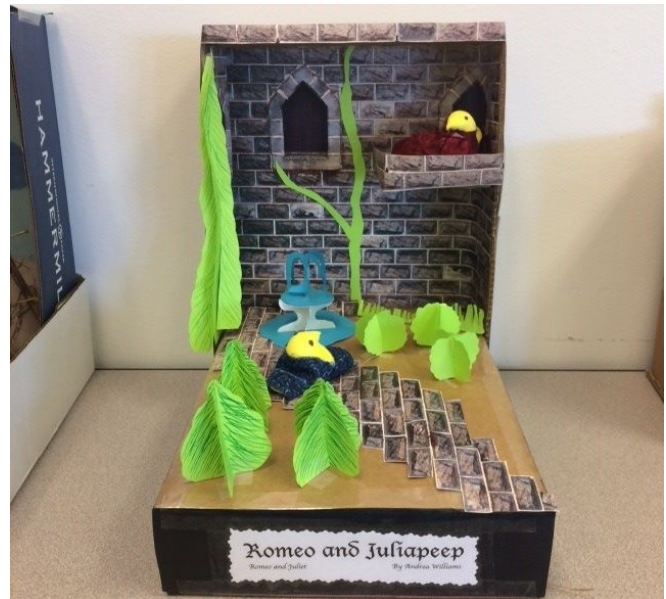
Peep-o-Rama 2018 had edible ways to educate students and faculty about people's favorite books. Jennifer Koster, professor of English and Writing Center coordinator, hosted this event with the Creative Writing club at PVCC. Each Spring semester, people create Peep dioramas that represent a book. While most of the books are fiction, sometimes the Peep-o-Ramas depict a nonfiction work as well.

The first entry was "Romeo and Juliapeep," by Andrea Williams. Two Don Quixote entries were on display, one of which was done by the Student Success Office and the other by Jessica Amos. The final Peep-o-Rama was submitted by Adjunct Assistant Professor of Sociology Brian Robbins and Associate Professor of English Dr. Tamara Whyte and depicted *The Descent of Peeps*.

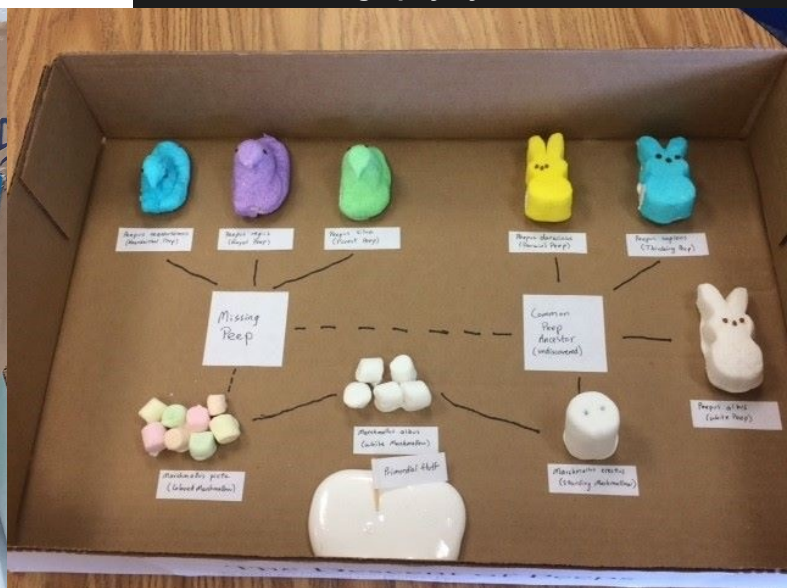
While perusing the contestants' entries to the competition, Sylvia Dowell, the scholarship and alumni association coordinator, said, "I'll beat a fool to eat a peep."

At the end of the day, "Romeo and Juliapeep" won the 2018 title for best Peep-o-Rama. The Student Success Office won for the office division of the competition, Robbins and Whyte won second place, and Amos won honorable mention for their entries this year.

All four Peep-o-Ramas that were entered were creative and cute this year. Next year, Koster hopes to have a bigger response and even better Peep-o-Ramas.



Photography by Deadra Miller



Science Club Career Talk: Alan Mowbray

John Matthews, staff writer

On Monday, April 23, PVCC's Science Club hosted a career talk with guest speaker Alan Mowbray. Mowbray, who is now retired, was Head of Administration and Operations for 20 years at the Howard Hughes Medical Institute located in Chevy Chase, Maryland. He shared stories of his life and gave advice to those in attendance.

Mowbray discussed how to go about finding a career; he said to "find what motivates you." Mowbray studied physics and chemistry in high school. He went to the Ohio State University with a focus on pre-engineering. Sophomore year, he enlisted in the United States Air Force ahead of the draft. Mowbray was later assigned to the intelligence department and stationed in Japan.

Mowbray moved from working in the intelligence department, returning to finish his education. He attended Kent State University, followed by graduate school at Georgetown University with a focus on diplomacy.

When Mowbray graduated, he went on to work at NASA headquarters for two years. He then transferred over to the newly created Department of Transportation. He continued to work there for the next four years. Mowbray said he enjoyed working on startups and moved onto



the newly created government organization to help fix the railroad infrastructure.

After working on a couple of startup organizations, he was brought onto the board of directors for the Howard Hughes Medical Institute. He worked there for the next twenty years. He described how the research done there was in general form with no specification on a particular subject.

When asked why he did not get a PhD, Mowbray's said he is a "generalist who liked solving problems" along with the fact he found no benefit of getting one at that point in his career.

Mowbray said, "Education is a lifetime pursuit."

Job Search and Networking Workshop

Richard Hollis, staff writer

For any student from PVCC, whether they are straight out of high school or they are trying to go back to school to earn their education, finding a job can be difficult task. Finding a career that they will enjoy could be next to impossible without the right resources and contacts.

"I have attended Career Services sanctioned events in the past, and they have always been interesting, with an abundance of resources for students," said PVCC student Bailey Thomas.

Students at PVCC are in luck though. April is PVCC's Career Awareness Month, so the Career Services Office will be hosting a job search and or networking workshop on Tuesday, April 10,

2018 from 12-1 p.m.

This workshop was for all students and staff of PVCC and could aid in the search for job or career fit for your personality and skill set. Students can expect an array of different companies, both locally owned and companies, that have employees from all across the country. There will be representatives from all careers and fields of study at this event, for people who want to go into the medical field to be a nurse, or for people who maybe want to be a skilled craftsman.

What might be surprising for students is there may be careers offered they have never heard of. The point of the career fair is to find a career that will fit the students who attend so they can go off into the world to be who they want to be.

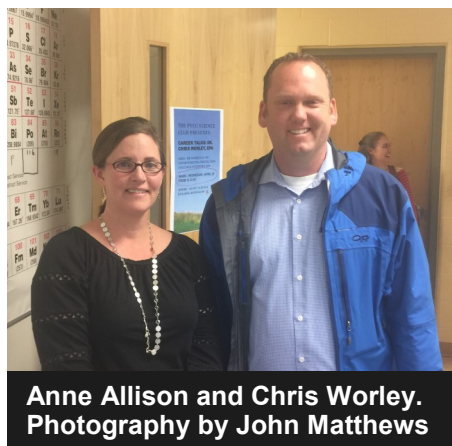
Scientific talk with Chris Worley

John Matthews, staff writer

PVCC's Science Club continued their career talk week on Wednesday, April 25, with guest speaker Chris Worley. Worley works for the United States Environmental Protection Agency (EPA) as an environment protection specialist.

Worley attended Texas A&M University majoring in Wildlife Archeology. He went on to work for the state of Texas with the Department of Environment Quality, also referred to as DEQ. After working there for a few years, he moved to Virginia where he attended graduate school at the University of Virginia. After working for the DEQ in Virginia, he worked as a contractor for 12 years.

For the past two years, Worley has worked for the EPA, participating in a few divisions with Air Management, Clean Market Division and Emissions Monitoring Division. Worley talked about some of the areas that he oversees, like the quarterly submissions from the power plants



across the United States that are required to give their emission totals every three months.

Worley went on to explain one of the ways the EPA is working on lowering emissions through the process of environmental economics through giving out emission credits to manufacturers who are then free to trade, buy or sell the credits between each other while giving the EPA the ability to control the number

credits in circulation. By doing this, he explained that it has led to lower pollution emissions over the years.

Worley momentarily dipped into the political side of the EPA. When asked about the EPA's role in the international community, Worley explained that due to the current administration, the focus of the EPA has been domestic. He continued to talk about the difficulties to get projects going when it reaches the political level.

Worley said, "Despite the politics, I enjoy working on the different projects."

Psychology Eat and Meet Career Panel

Deadra Miller, staff writer

On April 18, the Psychology Club, in conjunction with Career Services, hosted a Psychology based Eat and Meet panel.

Program Director at Compass Counseling Services of Virginia Kathleen Sams, the Self Sufficiency Supervisor of Charlottesville Department of Social Services Kelly Logan, and the Chairperson for the School of Counseling of Charlottesville High School David Wilkerson joined Career Services Manager Andre Luckhere at PVCC on the panel.

Social Services offers internships for juniors and seniors in college. Compass only requires a high school diploma to work and asks you work towards becoming a registered behavior technician to work there. Charlottesville High School does not have an internship; however, they encourage employees to pursue an

education before working for them.

Luck asked panel members about internship opportunities and the benefits for certain careers. All three panelists had their own story to share. Wilkerson's rewarding moment was meeting a former student and hearing them say he influenced them to where they are now. Sams' was more heartfelt by describing how it feels to help a special needs child get help.

Logan's was big picture. She said, "It makes me feel good when I have a hand in helping someone better their life for whatever reason that may be."

To get more information about these fields or to get in touch with the panelists, please contact GiGi Davis in M129 or Andre Luck in M132. Other options are to visit the PVCC Career Services Facebook page or through the PVCC Career Services webpage linked to PVCC's main webpage.



Photography By Deadra Miller



Photography By Deadra Miller



PVCC mascot Pouncer rides a mechanical Bull at the Spring Fling. Photograph courtesy of PVCC SGA.



Photography By Deadra Miller

Flinging into Spring with PVCC's Spring Fling

Deadra Miller, staff writer

April 4 was a rainy yet fun-filled day at PVCC. The annual Spring Fling kicked off the last month of events on campus.

The school mascot Pouncer the Panther was out and about getting students and staff excited for the festivities. The Korner Restaurant of Charlottesville catered the event with some amazing foods and desserts.

Full Plate, a band that is led by Piedmont Web Designer John Baster, was playing older hits such as "Meet Virginia" and "Sweet Caroline." Pouncer got to sing with Full Plate at the end of their set.

A mechanical bull was positioned outside so that some of the students and staff got to catch a ride and get candid pictures.

The University of Virginia Credit Union Piedmont branch had a table set up with freebies advertising their rewards for opening an account, HOPE @ Piedmont had a table set up advertising for the upcoming SARA speaker event on April 12, and the LGBT club had a table set up spreading awareness.

Phi Theta Kappa also had a table advertising for players and teams for their kickball game that happened on April 6.

All in all, 2018's Spring Fling was a huge success for all involved.



Photography By Deadra Miller

Cville Cardinals show PVCC how to ball

Mathew Fragola, staff writer

Sports are for everybody, regardless of physical disabilities. That is why on Wednesday, April 18, from 11:30 a.m. to 1 p.m., PVCC hosted an event for students and staff to play in a pickup game of wheelchair basketball with the Charlottesville Cardinals.

“Charlottesville Cardinals teach students people with disabilities can achieve and accomplish,” said Disability Service Counselor Susan Hannifan who helped set up the event at the PVCC basketball courts. The event was held to help bring awareness to the PVCC community that disabilities do not define you in your life.

The event was catered as well with fried chicken, mac and cheese, and green beans with plenty of refreshments. All that combined with a beautiful day caught the attention of students and caused a huge turnout with plenty of spectators.

“It is a lifelong sport,” said the founder of the Cardinals Tom Vandever. The Cardinals are a team individuals aged from 19-82. The program started in 1979 but did not have its first season until 1980. Since the start of the program, there have been around 600 athletes come through. This

year they ranked 13 in their division out of the whole country.

“It was hard to get adjusted, but I learned quick and started balling,” said PVCC Student Tyler Gaines. The sport itself requires of extreme upper body strength, balance, and gritty personality.

The Cardinals split themselves among the two teams and then students and staff filed in between the teams afterward. The teams did not keep track of the score, but that did not stop the teams being from going hard and competing. The teams did not stop moving up and down the court. There were a lot of missed shots which helped influence a speedier game than normal.

They even let me join the game. It happened to be a lot of fun and ran an hour longer than it was scheduled.

The impact of the game was more than to just play basketball. It was to bring everyone on an even playing field and showing that even with disabilities you can conquer.

To learn more about the Cardinals, their website includes a video documentary, team roster, and also their message at <http://cardinalsbasketball.com/>.



Photography courtesy of Susan Hannifan



Phi Theta Kappa honor society members. Photography by Tyler Gaines

Faculty Win PTK kickball tournament

Tyler Gaines, staff writer

On a windy Friday afternoon, April 6, PVCC's chapter of Phi Theta Kappa hosted a kickball tournament at PVCC. Phi Theta Kappa (PTK) is an honor society that is prominent in two-year colleges. Internationally, it is considered to be a high honor to be a part of this society.

In addition to the tournament, there were many other games and festivities on tap for the day, including dodgeball, frisbee, capture the flag, tug of war, egg races, sack races, and dizzy izzy.

Food was provided by Mouth Wide Open, a food truck run by PVCC Associate Professor of English Justin Wert. Seating was available on the bleachers near the soccer field across from the Dickinson building for those wanting to just spectate.

"We organize volunteer stuff at the school. We do other projects to keep us at a certain status," James of PTK said. This happened to be the first year this event took place, and plenty of students and faculty showed up. Everyone gathered around for photos to commemorate the day, and afterwards teams of students and faculty

were set up for the kickball tournament.

Among some of the faculty members present were David Lerman, director of student success and retention, Todd Platts, assistant professor of sociology, and Justin Wert, who was manning the food truck. The rules were more or less set up as the game went along to make it more fun and interesting.

The faculty won in a close game, but the ultimate goal at the end of the day was for everyone to get involved and to have fun. The PTK honor society hopes to have more events like this in the future.



Photography by Tyler Gaines

Survey of Western Culture Done Right

Mathew Fragola, staff writer

Finding the right summer classes can be a daunting task for most students. The compacted classes are well worth it to help students graduate, but if you are struggling to find a class to add to your summer 2018 schedule, then look no further. PVCC is offering a ten-week Humanities 201 Survey of Western Culture course.

Adjunct Associate Professor of Humanities David Berti is offering the class Tuesdays and Thursdays over the ten-week period. The course goes from May 21 to Aug. 1 from 12:30 - 2:35 p.m.

Associate Professor of History Melanie Bailey is also offering the course as an online alternative to taking it in person for those with a busier schedule. With Berti as the professor, students can expect not to get out of class early, but they can expect to buy quite a few cheap books and use books you might already own.



“The class always taught me more than what I thought I knew. Every story there was always something more,” says PVCC student Bridget Bossong.

This class goes into more detail about the origin stories ranging from different civilizations and religions. The class covers everything from talking about Jesus and the Bible to talking about Zeus and the other Greek gods and goddesses.

The basic information that is taught at an earlier age in education is minuscule compared to the amount of information that will be covered in this class.

Enjoy summer and take an online class if you have not. You might be surprised by how much you enjoy it compared to a fall and winter class schedule.

The classes meetings are longer than the fall or spring semester, but knocking out a class over the summer will help free up more time to focus on other courses that may need more attention.

Expanding our Horizons to the West

Matthew Chaney, staff writer

One particular class people might find interesting in taking is History of Western Civilization I.

Adjunct Assistant Professor Thomas Ridenhour is teaching this course in Summer 2018.

Ridenhour is no amateur when it comes to the world of Western Civilization. He has taught history at UVA and PVCC for the span of 12 years. He teaches classes spanning from 10 students in the regular semester to 25 students during the summer.

Through the course of teaching this subject, Ridenhour knows how many assignments he should give out during the particular time of the year.

He has found that students do not have much time when it comes to summer classes, but students should expect to have one final, a

midterm, two essays, and a couple of discussion board assignments over the span of his summer course.

More than enjoying the subject, he has specific periods that he quite enjoys teaching to other students.

He says, “...I have a fondness for the Classical period and the end of the Roman Empire during the 16th and 17th century.”

Ridenhour states the toughest topic he finds students have the most difficulty with is religion and clashes between western civilizations. Delving deeper into his particular subject, he emphasizes why he believes it is critical for students to learn the subject of western civilization.



Learn about World Religions at PVCC

Andrew Ferralli, staff writer

America is sometimes referred to as a melting pot, with varying views, ethnicities, and religions all coming together as one group. With many variations among beliefs, it is hard to understand them all. There is a solution here at PVCC in both the summer and fall semester. Take REL 230-Religions of the World.

Religions of the World spans every continent's religious beliefs and practices starting with native beliefs and going into more modern religions including Islam, Christianity, Judaism, and Buddhism.

World Religions covers everything from Shintoism in Japan, to modern religious movements worldwide, giving students new perspectives and knowledge to help them as they go through society meeting others.

Adjunct Assistant Professor of Religion Angela Daniel is the only REL 230 instructor. Daniel has experienced various religions first hand which helps her truly connect with her students. Many students recommend Daniel's course including current student Phillip Cole. Cole said, "Daniel is one of the best professors I've ever had."

Another current student of the course, Rebecca Davidsson, recommends this course to anyone who wants to take a transfer elective and hopes to work with people.

"It has really opened my mind up to different perspectives," said Davidsson.

With religion being a driving force of society it makes it especially important to learn today as said by both Cole and Davidsson.

If interested in learning about other cultures or finding your faith, Religions of the World is a option. If you have any questions about the course, Adjunct Assistant Professor Daniel can be contacted at Adaniel@pvcc.edu, she would be more than happy to answer any questions or concerns.

If you decide to take REL-230, Daniel will share a quote by Max Muller, "He who knows one [religion], knows none."



Macroeconomics Offered Summer 2018

Richard Hollis, staff writer

The Associate of Science in Business Administration is a common degree that can set many PVCC students on a path towards finance and business opportunities. This degree requires students to fulfill a host of classes, like an introduction to business and a principle of accounting course. One class gives a broad view on the world of economics, Macroeconomics (ECO 201).

Former PVCC student Caleb Chacko said, "I took this course to get a good perspective on global trade and economics. Even though I already took an economics course in high school, I still did not grasp the concept well either. So I felt it important for myself to take the class again

here at PVCC even though it is not a field I am planning on going into."

Students will have the option of taking the course either online or in class, both in ten-week formats over the summer. Both courses will be taught by Michael Schnur. The on-campus section of the course will meet on Mondays and Wednesdays from 10:15 a.m. to 12:20 p.m. in room M161 in the main building.

The online course will allow students have the ability to complete assignments on their own schedule, with exceptions to exams, which will be taken in the testing center.

The reward for taking this course is useful information that can be applied to the real world, as well as furthering their progress for their degree program.

Survey of African-American Literature

Tyler Gaines, staff writer

If you love to write or want to broaden your perspective on the great literary works by African American authors, artists, and poets, look no further than the Survey of African American Literature class (ENG 254) taught by Associate Professor of English Justin Wert.

Wert has taught and studied literature for a while and is willing to impart his knowledge and experience in the study of African American culture. He believes it is important to know what they have done to impact literature and how it has changed over time.

“The class is about African American literature culture, music, some art as well with themes and connections that are relevant today,” said Wert, “I want students to have an understanding and appreciation for African American culture and literature.”

These themes and ideas can be categorized into the studies of realism, naturalism, and modernism. Modernism for example was the time of the migrations from rural to urban areas in

America. Along with this migration came the varying forms of writing and jazz musicians and their thoughts on contemporary life in America at the time for blacks.

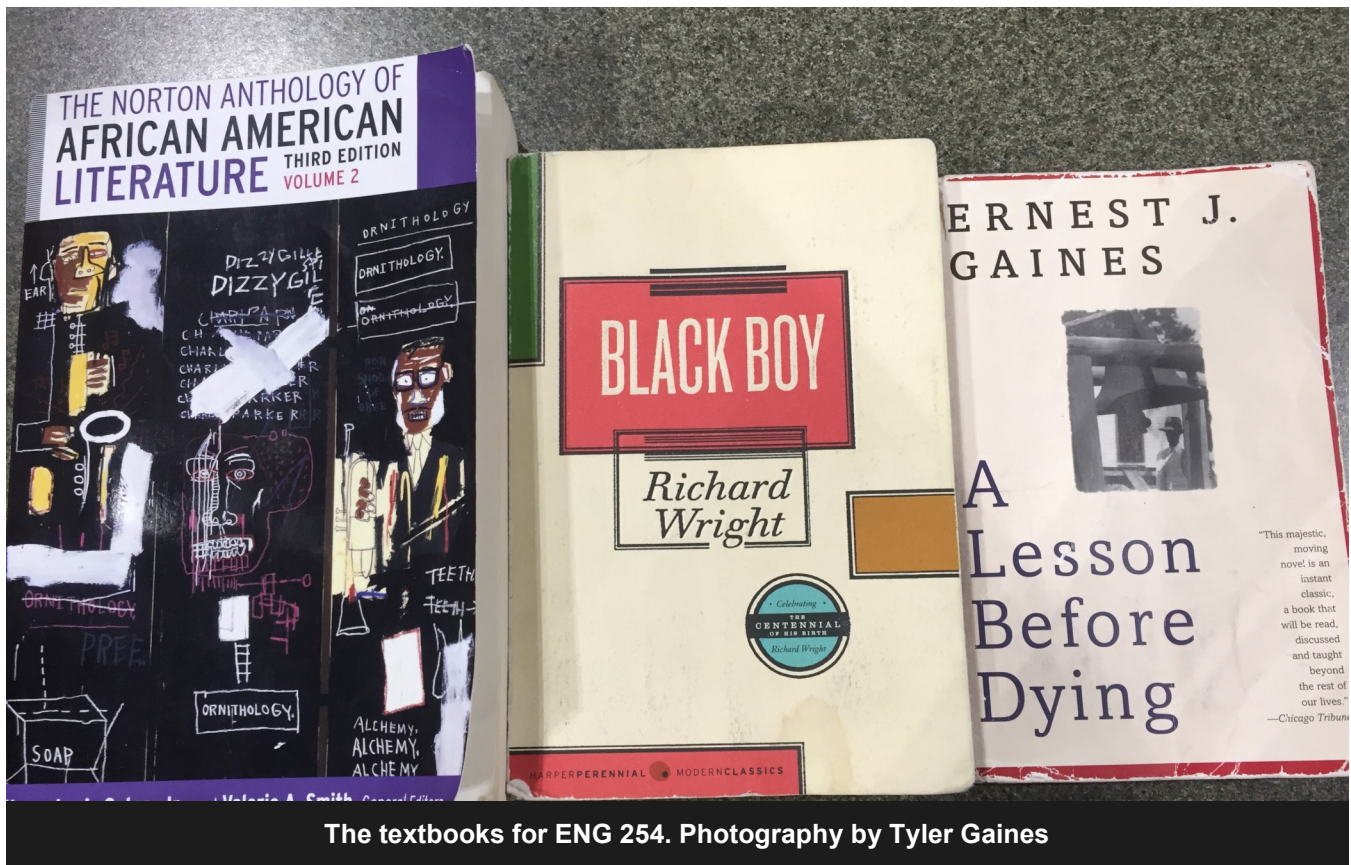
The class discusses philosophy and the thought processes of social justice and what it means to historically disenfranchised people in America.

“It’s important to have an understanding of where people are coming from to know how to serve them,” said Wert.

PVCC student Mitchell Johnson is currently taking Dr. Wert's class. Johnson said, “It’s actually pretty interesting ... I didn’t realize how much there was a community of it (African American writers) who knew someone at one point or another.”

Johnson says he learned a lot and even discovered one of his new favorite authors. “Richard Wright is probably one favorite authors now. *Black Boy* and *Native Son* are really amazing books,” said Johnson.

Survey of African American Literature is open for fall and summer registration.



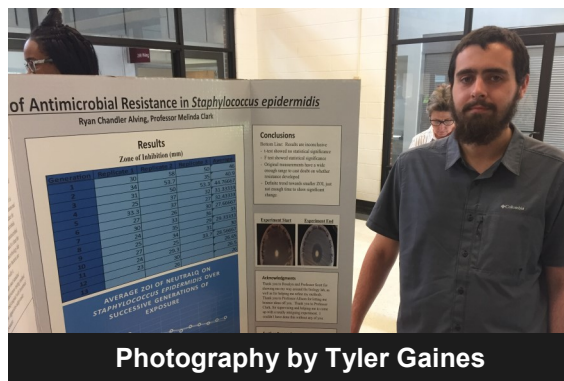
The textbooks for ENG 254. Photography by Tyler Gaines

PVCC Students Present Scientific Research

Tyler Gaines, staff writer

On April 27, 2018, PVCC students presented research projects completed in Science 299 courses. It is a requirement for students pursuing an associate degree in science. Students and faculty members gathered to observe the projects. There were many different projects on display and each one had research unique to a specific scientific study. Laboratory managers and faculty advisors assisted the students with their projects, and some were present at this particular event.

One presentation was a project by Ryan Chandler Alving, whose project was on the antimicrobial resistance of Staph. “The question I attempted to address with this project was how long it takes for a bacterium to become resistant to an antimicrobial cleanser,” said Alving. “Staphylococcus epidermis was chosen because it is common in the normal flora of humans and



animals, and so is a likely candidate for developing resistance to antimicrobials.”

Another project that grabbed my attention was done by Robert Coleman, whose experiment was testing for toxins in e-liquids used in electronic cigarettes.

“One of the most prominent reasons people use e-cigarettes or vape pens is that it is seen to be healthier for you than smoking a normal tobacco cigarette, and although this may be the case, we still don’t know how healthy it is for you,” said Coleman. “In my tests, I was looking for the presence of benzaldehyde which has been seen to cause complications in mouse lungs.” His results prove the presence of an aldehyde or oxidative alcohol.

PVCC student Grayson Chasse said the event “was informative; students did a good job. It was pretty cool.”

Anatomy: Understanding the Human Body

Frances Humes, staff writer

An important course for most health science majors is Human Anatomy I (BIO 141). The prerequisites for this class are NAS 2 or either a college level biology or chemistry class.

The basis of this class is the human body. Through this course students learn about the organs and systems in the human body. Because of the amount of information covered in this class, it is split into two parts, Human Anatomy I and Human Anatomy II. Both have to be completed for total completion.

Like most science classes at PVCC, Human Anatomy has a lab class assigned. This lab meets once a week with a block of a three hour period. This time will correspond to the three hour lecture the student picks.

During the lecture time, students have multiple assignments to complete. Assignments are found in one packet that should be printed before class. The packets are uploaded to Blackboard for easy access. It contains different

exercises that are another way to learn through lab.

Some exercises require students to label sections of the human body on mannequins. There are also cadavers used for easier recognition. The human body in a book does not easily correspond with human organs, leading to the reason for cadavers to be labeled in the packets.

Instructors give students computer exercises inside the packet to help them understand the bones and help read x-rays.

Tests in the class are separated upon the lecture section of class and the lab. While the lecture meets for the three hours across the week, the lab is a one block period where students have three hours to complete assignments. Tests in the lab are similar to the packets that are completed.

Labeling and understanding the human body is the objective. Test questions are fill in the blank. The tests in the lecture are based off the professor’s lecture and PowerPoints. The lecture tests consist of labeling and explaining the processes of the human body.

A Conflict of Future and Past

Tyler Gaines, staff writer

Many performing arts events have taken place in the month of April. One of these events overlooked was LingXi's Me2 vs He2. LingXi is a Chinese, student-run organization from UVA founded in 2015 to promote cultural diversity and act as a resource for student talents in theatre art.

They have performed in many other areas around Charlottesville, including at PVCC on Sunday, April 16. The crowd size was not exactly large by any means, but those who did show up enjoyed the show.

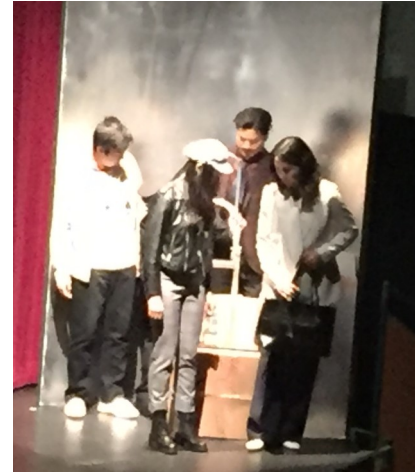
The plot of Me2 vs He2 follows a businessman, Mo Shen, played by Haonan Yu, and a businesswoman, RuJing Jian, played by Shuang Geng. They are followed by "Another Man" (Zhouyang Qi) and "Another Woman" (Jiewen Huang) throughout the play, but they are the only ones who can see them or feel their presence. That is because these ghostly figures are Mo and Rujing from the past. Since the 1989 Tiananmen Square protests, both have long since forgotten their past, and they are now meeting each other again almost 30 years later to

discuss shares of their respective companies.

The play emphasizes the past, broken dreams, and what it all means in the present. The play was subtitled throughout, so following along was difficult, though the obscenities and jokes displayed were amusing to watch and read.

Audience member, Stephanie Xiao, said "I think it's very interesting to see how two main characters interacted with each other. It brought to tear at one point."

The reaction from the crowd at the end of the play was as if it was a full house applauding their performance. If you are looking for something different than your typical American drama or play, you should come see LingXi perform.



Cast at the negotiation table. Photography by Tyler Gaines

Citizen Bowl Review: Fast and Healthy

Mathew Fragola, staff writer

Fast and healthy are two words that will always go together, but add that with inexpensive and you cannot go wrong. That is what Citizen Bowl is all about. It even says it on their menu.

The small restaurant located on 223 W. Main Street is one of the newest spots in town. It is open from 11 a.m. to 3 p.m. Monday through Friday. As the temperature warms up, times are subject to change. The restaurant is a hole-in-the-wall that offers seating inside and out. The inside seating have options of a booth, table, or sitting at the bar. and the option to sit where you would like. The friendly staff greet people as they walk in and thank them as they leave.

“It is my favorite new lunch spot. I eat there almost every day,” said Scott Marshall who works on the mall. Citizen Bowl offers the

choice to make your own bowl or choose from one of their eight options that are all gluten-free. Three of the items on the menu include meat but can be requested without while the other five options are either vegetarian or vegan. All of these options are no more than \$12 per bowl. They also serve locally made beer and wine on tap as well as to go to make lunchtime a little bit more relaxing.

“It’s faster than McDonald's and I actually feel good eating it,” said former PVCC student, Ryan McLaughlin.

The food is made there fresh daily, and when the decision is made what to get it will take no more than 5 minutes usually to get your food so if time is short this is the place to eat.

The option to eat healthily and be on the go makes this new location one of a kind. It is sure to satisfy and not break the bank either if you are in a rush.



Racers take their Starting Gates at Foxfield

Richard Hollis, staff writer

“Speed, power, the will to win are just three ways to describe the amazing sport of horse racing, the sport has stood the test of time being hundreds of years old,” said Foxfield Race spectator Riley Ripa.

The Foxfield Races are biannual events hosted on the last Saturday of April for the spring race and the last Sunday of September for the fall race.

Long time attendee of this race, Hunter Walton, described the feelings he had going to the race: “I started going to this event several years ago just for something to do in the spring but as I went year after year, it grew on me as

something more than just an event; it has gotten to the point that I must go and watch.”

Since the event was founded in 1978, it has brought more and more spectators to watch the illustrious sport of horse racing.

According to the Foxfield Races information page, the races bring over 25,000 spectators each year.

The race is a tailgating event that is sponsored by a host of local businesses that will have a tent representing them on the race grounds. The event selects local charities to receive some of the proceeds generated by the races. It provides an opportunity for people to start off their spring in a interesting way and it goes to benefit the local area.

HOPE@Piedmont Stands Against Sexual Assault



Photography courtesy of HOPE@Piedmont

Deadra Miller, staff writer

April is Sexual Assault Awareness Month. On April 23, PVCC's HOPE club hosted a workshop teaching students and staff how to defend themselves from potential attackers.

"The Hope club was so happy to offer a self-defense class hosted by Fight Like A Grrrrl! The three hours were packed with great information and physical demonstrations. I had fun and feel so empowered," said student and HOPE member Brianna Wayne.

Wayne attended the Self Defense Workshop facilitated by Fight Like a Grrrrl. She said she had fun during the workshop and was interested in what Instructor Josh Copson was saying. The goal of the workshop was not to perfectly execute the

moves but to inform the students in the event of an attack fighting back is an option.

HOPE @ Piedmont brings resources and awareness to sexual assaults. HOPE offers workshops with different organizations to teach students and faculty ways to cope the repercussion of sexual assault. They also encourage women and men to be aware of their surroundings so they can give accurate description of potential events.

Wayne said, "We spread hope where hope isn't likely found."

If you need any type of resources, please speak with a HOPE @ Piedmont member on campus or message them on Facebook via @HopeAtPiedmont or come to a meeting on Wednesdays in room M159 between 1 and 2 p.m.



Photography by Deadra Miller

Celebrate Spring at the Dogwood Festival

Richard Hollis, staff writer

It is the time of year bitter cold winter ends and flower filled spring begins, and what better way to start the spring than celebrating it at the Charlottesville Dogwood Festival.

The Charlottesville Dogwood Foundation has put on this event for over 50 years, and it has only grown in popularity. According to event organizers, the event is to show the beauty of Central Virginia and to celebrate the state flower, the dogwood flower, the foundation puts on a host of events from the end of March all the way through the beginning of May.

After being asked how long they had attended the festival and what events they enjoyed most, local resident and student Jazmin Freeman said, “I have gone to this festival ever since I could remember, my parents would always take me to some of the events every year. My most favorite event is definitely the carnival, it is something I look forward to every spring.”

The festival includes the Dogwood Carnival that lasts from April 5 to April 22 and is hosted in McIntire Park. In addition, the Dogwood Grand Parade is hosted on April 21 on the Downtown Mall, and the Dogwood Track Classic is held May 4 and 5 at UVA’s Lannigan Field. According to the foundation’s website, the Track Classic is “the oldest and most prestigious track meet in the south.”

The festival is not all for the fun though; the foundation strives to help the community through donations and scholarships. From supporting local children and giving them needed school supplies, to the dedication of the Charlottesville Dogwood Memorial for those who served in the Vietnam War.

When looking for a next spring-time activity, look no further than the Charlottesville Dogwood Festival.



Photography courtesy of CVILLE Dogwood Foundation



Classifieds

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