

## Grand Opening of PVCC Branch of the UVA Credit Union

Kaitlyn Duvalois, Staff Writer

“No one has handed me a pig before,” said President Frank Freidman at the UVA Community Credit Union opening. Piedmont recently opened a credit union branch, and the students and staff could not be anymore excited.

On Monday, March 16, the Bolick Student Center was packed full of important people just waiting for the ribbon

cutting.

Rebecca Cartwell, vice president of PVCC’s community relations, was exuberant about having a credit union at Piedmont, “We are really excited to have the credit union here at Piedmont. One thing we’ve seen during the recession [was] a lot of adults needed guidance in the financial area of life.”

At the credit union opening, Piedmont welcomed three

How does Title IX  
impact you?  
See page 3

individuals: Delegate David Toscano, Delegate Steve Landis, and Scott Leake who represented Representative Robert Hurt. Delegate Landis mentioned that he lived on the other side of the mountain, but Piedmont is one of his favorite places on this side.

Having a community credit facility at Piedmont will help students with the financial guidance that is so desperately needed.

College can be expensive; students should learn to budget accordingly for the coming years.



Ribbon Cutting Ceremony. Photography by Samantha Prentiss

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## DATES TO REMEMBER

—John McCutchen Performance—

March 28, 7:30 pm, Main Stage, Dickinson Building

—PVCC Music Faculty Recital—

March 29, 3 pm, Main Stage, Dickinson Building

—International Food Fest—

March 30, 11:30 am to 1 pm, North Hall Meeting Room

—Campus Clean Up—

March 31, 11 am to 1 pm, Main Campus

—Meet and Greet Lunch—

April 1, 11:50 am, Bolick Center, Main Building

—*Once is Not Enough*—

April 2,3,4, 7:30 pm, and April 4, 2:30 pm, Dickinson Building

—One Mic Stand—

April 9, 7 pm, Maxwell Theatre, Dickinson Building

—Film Screening and discussion: *Fiji Mermaid*—

April 10, 7-9 pm, Main Stage, Dickinson Building

—Charlottesville Municipal Band—

April 12, 3:30 pm, Main Stage, Dickinson Building

—Academic and Leadership Awards—

April 16, 4 pm, Main Stage, Dickinson Building

—Free Movie Friday, *Selma*—

April 17, 7:30 pm, Main Stage, Dickinson Building

—PVCC Student Music Recital—

April 21, 5 pm, Main Stage, Dickinson Building

—Spring Fling—

April 22, 11 am to 3 pm, East/Student Terrace, Main Building

—Gallery Exhibit Opening Reception—

April 24, 5-7 pm, Dickinson Building

—Improv Night—

April 24, 7:30 pm, Maxwell Theatre, Dickinson Building

—PVCC Chorus Spring Concert—

April 26, 3 pm, Main Stage, Dickinson Building

—Ping-Pong Tournament—

April 29. Turn in registration by April 5

# Super Pi Day Celebration

Idette Charlie, Staff Writer

The Super Pi Day event was for young math students from surrounding schools. It occurred at PVCC on 3/14/15. This date corresponds with the first digits of its number represented by pi.

This event was a “geek math time,” said Diane Valade, assistant professor of mathematics. The math club sponsored Super Pi Day as a fun time for creativity and imagination.

Super Pi Day was special because students got a chance to show off and find another side of themselves in applying math. According to Valade, the objective was for students to think outside the box, to explore, and to challenge themselves to use math as a fun and creative skill. PVCC’s math club hosted Super Pi Day to involve students creatively and draw them in a new direction.

The chance to use math skills in problem solving is exciting and provides students with a real world challenge.

The event showed math can be fun. But more importantly, it presented math as something more than an interest or skill. Events like Super Pi Day open avenues to discover and explore ways to utilize math outside of the classroom.

...PVCC's



is

looking for *YOU* to join.

EXPLORE. WRITE. GAIN EXPERIENCE.

HAVE FUN.

Contact us at [theforum@pvcc.edu](mailto:theforum@pvcc.edu) for more information

# Title IX at PVCC: What you should know

Jackie Layton, Staff Writer

With four more schools added to now more than 100 colleges and universities under investigation for the handling of sexual violence reports, students might be wondering where PVCC stands on being prepared to handle these and other types of incidents on campus.

PVCC President Frank Friedman leads and manages 5,500 students and 182 full-time faculty and staff. PVCC's Human Resources Manager, Jennifer Atkins says, "President Friedman takes everyone's safety very seriously and is a strong supporter of Title IX." All staff and faculty have been trained in Title IX during convocation in January 2015. More training and guidelines will be available by July 2015 and legislative changes are being closely followed. How it will be taught to all PVCC students is also being addressed.

Title IX is as important to PVCC's campus as it is to every U.S. college campus. Its purpose is to create an environment where members of all genders can learn and participate in activities without discrimination or harassment. Found on PVCC's website under College Policies, Title IX prohibits discrimination, harassment, sexual assault, domestic violence, dating violence, stalking, and retaliation and outlines procedures for how these types of allegations are reported and investigated.

Atkins, PVCC's Title IX coordinator, wants students to know that these types of incidents can be reported to her verbally or, preferably, in writing — via an online form on PVCC's website. The Title IX Coordinator along with the Title IX committee is responsible for overseeing the prompt, fair and impartial investigation of

complaints filed with the college. Students or prospective students who believe they have witnessed or experienced discriminatory conditions or discriminatory acts inclusive of sexual misconduct, sexual violence, or sexual harassment should report their concerns to Atkins in person (Room 810-A) or email ([jatkins@pvcc.edu](mailto:jatkins@pvcc.edu)) or by phone (434.961.6567).

Title IX policy options are presented to the person reporting an incident at the first meeting. Subsequent meetings may include referrals to community services as necessary.

Use of alcohol or drugs should not deter reporting of an incident. Though PVCC does not condone underage drinking, the college's primary focus will be on the reported allegation, not on alcohol and drug violations.

Title IX policies include specific guidelines about what to do immediately if anyone has experienced sexual violence, domestic violence, dating violence or stalking. Writing down all details or telling someone as soon as possible and not destroying any physical or electronic evidence are among the important recommendations listed. Anyone who wants to be proactive and prepared for incidents such as these should become familiar with all the procedures listed under section *M. Sexual and Domestic Violence Procedures*.

Though PVCC is smaller than larger colleges, it has an exemplary

annual security report on its website under Department of Public Safety and Campus Police. Faculty, students and staff are encouraged to sign up for Text and Email alerts on the college website. Putting Campus Police contact numbers in cell phones is a wise choice. Office: 434.961.5319 and Officer: 434.981.6362.



Photography by  
Jackie Layton



# The Writing Center—Not just for Writing

Karen Riordan, Staff Writer

There, they're, or their? Having trouble knowing which spelling is correct? Write it right - stop by the PVCC's Writing Center to find out which spelling is correct. Someone will have an answer.

The Writing Center is cozy and quiet. There are five round tables with pencils in the center of each, just waiting to be used. The atmosphere is calm. Sunlight shines through the large windows. Room M617 is an optimal learning environment for those willing to take a chance.

PVCC's Writing Center is a useful resource for students who wish to discuss ideas, strengthen their writing skills, and communicate their ideas clearly to others. The Writing Center is helpful for all stages of the writing process, from writing a first draft to proofreading to discussing an instructor's comments.

The Writing Center has helped many students, such as Mehri Kami and Abdolghafoor Ghoochaghi, a married couple from Iran. When they walked into the center, Therese La Fleur, a receptionist at the Writing Center at PVCC, greeted the students with a warm smile. "How can I help you?" she asked.

Kami and Ghoochaghi have been in the United States for approximately 18 months. The couple asks La Fleur if she can help them find tutors for their ESL12.01 class.

"Sure," said La Fleur. She searched her list of tutors and said, "You'll be working with Arty."

La Fleur said the

Writing Center is a great tool for ESL students. "Even for me, the English language is confusing. So if you're learning it for the first time, having a tutor to walk you through it would be helpful."

La Fleur said that the Writing Center is available to students for most all subjects. "We even get science students here to review lab reports," she said.

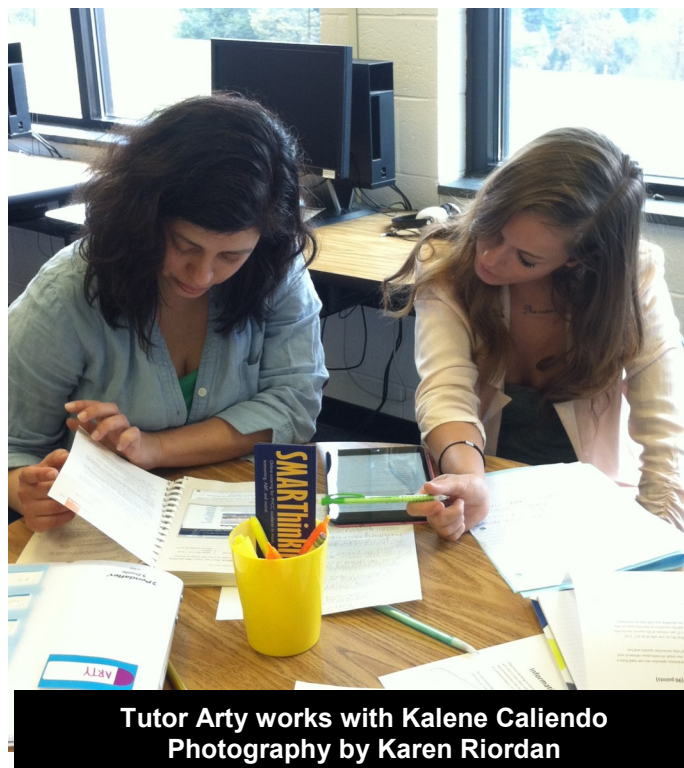
There are a few exceptions. PVCC student Charles Yoder came by to get help. Yoder is in his third semester at Piedmont, planning to transfer to UVA to get a degree in Video Game Design. Yoder is taking Mahmood Moghinzadeh's Macroeconomics class.

"I love [Moghinzadeh], he's awesome," said Yoder, "But sometimes I'm like, what are you talking about?"

La Fleur checked her tutoring list and then referred Yoder to The First Quadrant Math Center. The First Quadrant provides one-on-one assistance in business, math, sciences, and technology. La Fleur also said that there is a great online tutoring option called Smarthinking. Smarthinking is accessible through Blackboard and is available to students - virtually - at all hours.

The Writing Center is a valuable resource for students at PVCC. There is no cost, as the fee is covered in the students' tuition. Cheerful, happy faces, like La Fleur, are there to help students find the help they need for success.

La Fleur said, "There are people who come in here frequently, but we're always happy to see new faces."



Tutor Arty works with Kalene Caliendo  
Photography by Karen Riordan

# ID Safety for PVCC Students

Karen Riordan , Staff Writer

To ID or not to ID? That's the question. For PVCC students, the answer is yes.

"It's a requirement for faculty, staff, and students to get an ID," said PVCC Police Chief Shawn Harrison, "We need to be able to readily identify who is here."

According to Harrison, the main purpose for having an identification card is for the safety and security of the campus. She said that since PVCC is an open campus, anyone can come and use the facilities. Non-students are able to use the library, meet friends, park in the parking lot, and even shower on campus. Community colleges are meant to be used by the community.

For these reasons, PVCC's Police Department needs to be aware of who is walking around campus. The police are looking out for troublemakers, including people selling drugs. When people wear their ID's, it shows they are supposed to be there.

Harrison said, "Since 9/11, people want to know who's around them now. I want to know, 'Are you supposed to be here?'" "It is a chilling reality that college campuses around the country are dealing with the aftermath of 9/11 and its impact on security issues. "It's not getting better, it's getting worse," said Harrison in regard to safety-related concerns, "We have to be proactive instead of reactive."

Harrison asked, "What is the first thing you do when you go to a conference or a meeting? You put on a nametag. When you get a job in the real world, everyone wears an ID. It shouldn't be different on a college campus."

"It keeps the dust down," said Harrison.

Harrison also said that in the event of a catastrophe, it would be important to know who was on campus. That way, security would be able to work with the police, hospital, or other emergency responders in making identifications and in getting help quickly.

Is there a penalty for not having an ID? No. But as Harrison said, "If you don't have your ID on you in the event of an emergency, that's your



Photography by Karen Riordan

penalty, not mine."

Do you students need to have their ID's visible? At this point, according to Harrison, it is not required. However, she said there are conversations about that issue going on now. Harrison speculated that within the next year, it will be mandated.

"Yes, we may be leaning towards students, faculty and staff wearing ID's visible at all times," said Harrison, "It is not a policy yet, but an act of encouragement on my part. With PVCC being an open campus, as are all community colleges, it is hard to identify visitors from the PVCC community."

A student ID also can be used to receive discounts at local stores, to obtain parking decals, and to purchase discounted bus passes. ID's are used in the library as well. Chief Harrison said, "I'm not sure if you have noticed, but the library is requesting a student ID to check out books. It is a security measure only."

Students can have their ID cards made at the Department of Public Safety & Campus Police (Main Building, room M218), located next to the entrance to the library. The cost is covered through student activities fees.

In order to receive a card, students need to bring two things: a copy of a current class schedule and a valid form of ID, including a current driver's license, passport, military/government ID, birth certificate, social security card, or voter registration card

# Bridging Culture Lecture Series

Katya Beisel, Staff Writer

PVCC students and faculty welcomed Ray Garman as the latest speaker in the Bridging Culture series.

A well establish entrepreneur, inventor, he holds a Guinness World Record, several technology patents, and is currently working on another book. However, Garman's experience in post-conflict Vietnam and Cambodia was the subject of his lecture.

In Vietnam, political turmoil erupted due to growing discontent, leading to the creation of the Democratic Republic of Vietnam in 1945; decades of isolation followed.

According to Garman, in the 1970s, just as Vietnam was opening up to foreign interaction and trade, the Khmer Rouge slaughtered over two million Cambodians in a period now remembered as the Cambodian Genocide.

In detailing his experiences in the region, formerly Garman realized that using the threat of violence to encourage a predicted reaction in people is not always effective.

He emphasized an appreciation of identity and dignity as well as abandoning our preconceptions and assumptions about other people and cultures.

And that idea of otherness was the heart of Garman's message about his experiences in conflict-torn Vietnam and Cambodia.

According to Garman, this "us vs. them" mentality is "an affront to dignity" in its oversimplification of the differences between humans. Humanity is diverse, and the world is enriched by that diversity of culture, ideas, and beliefs.

To Garman, using those differences to divide humanity into two distinct categories is to vilify those who are different from us, and to degrade their inborn dignity beholden to them as people.

Separating humanity into these two groups, as Garman pointed out, also contributes to atrocities such as the Cambodian Genocide.

Garman also championed the younger generation, which he believes has the power to bridge preconceptions and forge a human community and to transform – not transition – the world.

## International Culture Speaker

Ryan Winkler, Staff Writer

Professor Sadhan Kumar Ghosh, head of the Mechanical Engineering Department at Jadavpur University in Kolkata, India, visited our International Club here at PVCC.

Ghosh comes from West Bengal, one of the 29 states of India. He presented a lot of interesting information about Indian culture and his personal history.

Ghosh helped found the UK/India Educational Research Initiative, which started in 2006, and serves to enhance the educational ties between the two countries.

Ghosh particularly stressed the geography, number of Nobel Prize winners, and the fact that India is a secular country with numerous religions. The secularity of India is one of the major driving factors behind her successes and

progress.

India has numerous notable Nobel Prize winners. The most pertinent are Mother Teresa for peace, CV Raman for Physics, Amartya Sen for Economics, Subrahmanyan Chandrasekhar for Physics, and Venkratraman Ramakrishnaa for Chemistry.

Ghosh delved into the cultural facets of India, which include eating and marriage traditions. There are many marriage ceremonies in traditional Indian culture and most weddings take place over the course of three days before the bride and groom are officially married.

As for traditional eating habits, most Indian meals are eaten either sitting on the floor or on low cushions or chairs, and most food is eaten with bare hands.

Professor Ghosh is clearly one of the proudest Indians.



# “Division’s Own” Perform at Monticello HS

Katya Beisel, Staff Writer

The Second Marine Division Band dwarfed the audience at a March 17 concert at nearby Monticello High School. The majority of attendees were former military service members and their relatives. However, the men and women of the Division’s Own Marine Corps Band were undeterred by poor turnout and even mid-concert microphone malfunctions.

The set list was robust and varied, featuring classics such as Sousa’s “Stars and Stripes Forever” and John Williams’ “Evening at Pops” as well as jazz and rock arrangements performed by smaller ensembles within the band. Near the end of the concert, to honor their fellow service members and their families, the Marines performed a medley of the official songs of all five armed service branches and invited audience members to stand and be recognized when they “heard their song.”

“We were kind of bummed,” said Gunnery Sergeant Shannon L. Farquhar after the concert, “but we played for the people who came”.

According to Marketing and Public Affairs Representative Sergeant Aaron Daimont, these concerts serve an even greater purpose. Like the other nine USMC bands, the Division’s Own fulfill a number of important roles in the Marine Corps. Their concerts create a venue for community outreach beyond military bases and civilian communities with strong ties to the



**Gunnery Sergeant Shannon L. Farquhar**  
Photography by Katya Beisel

military. Military band concerts also provide recruiting opportunities, as evidenced by the table set up outside the auditorium.

However, Sgt. Daimont, a former High School musician, says that the concerts fulfill an even better purpose. “This is kind of a treat for us and a chance to get out into the community and show these young high-school musicians that there are opportunities to become professional musicians.”

The band loaded up back onto their bus within the hour and headed back to Richmond for the night. After finishing their tour of select high schools within Virginia, they will return to their posting at Camp Lejeune, North Carolina.



**Sargent Morales, Poolee Davis, Staff Sargent Moran**  
Photography by Katya Beisel

# Perfectly Imperfect: Modern Families in Novels

Karen Riordan, Staff Writer

“You can write a thriller about the Jones family passing Cinnamon Toast Crunch on a school day,” said author Erika Raskin at the Virginia Festival of the Book. Raskin, Martha Woodruff and Sonja Yoerg, were the keynote speakers at the lecture entitled “Perfectly Imperfect: Novelists on the Modern Family.” Sixty men and women hunkered close together within the rows of books at Charlottesville’s Barnes & Noble to listen.



Woodruff and Raskin  
Photo by Karen Riordan

The first author to speak was Erika Raskin, who talked about her passion of watching modern families on reality TV. “Families are the mother load of fiction,” she said.

The listeners laughed along with Raskin as she read the beginning of her novel *Close*, a story about parenting, reality TV, and family. *Close* was a USA Best Book Award Finalist.

The next speaker, Martha Woodruff, began her talk on a poignant note. “I’m interested in how our notion of family changes as we change. How do I figure out life?” she said, “I experience one damn thing after another.” This comment drew a hearty laugh from the crowd.

A native of Virginia, Woodruff once worked on Charlottesville’s downtown mall at Martha’s Café. She went on to work in a coffee shop at Sweet Briar College’s bookstore. It inspired *Small Blessings*, a story of a small-town college professor, the woman he meets, and the family he never knew he had.

Sonja Yoerg was the final author to share her debut novel, *House Broken*, a story about a veterinarian who struggles to care for her aging alcoholic mother, as well as her two teenaged children. Yoerg talked about the challenges modern families face in today’s world.

After the talk, the crowd swarmed the authors, asking questions and getting books signed.

## Shakespeare’s Dental Care

Jackie Layton, Staff Writer

How did William Shakespeare take care of his teeth? A crowd of interested onlookers at Charlottesville’s Barnes & Noble attended the Virginia Festival of the Book event: Natural Health Remedies and the Science Behind Them.

Authors Barbara Grogan (*500 Time-tested Home Remedies and the Science Behind Them*) and Leslie Alexander (*Dental Herbalism: Natural Therapies for the Mouth*) shared highlights from their books.

In the book *500 Time-tested Home Remedies and the Science Behind Them*, Grogan outlined six “pillars of health.” Even though good health is largely influenced by the food we eat, Grogan said that health is not all about food; the six pillars

all work together. She reviewed how the remedies were written in simple, practical steps, explaining how to use the remedy with the science referenced in the back of the book.

Highlights of Grogan’s book included vitamin D, which is absorbed into the skin when exposed to sunlight. Fifteen (15) minutes daily without sunscreen provides all the vitamin D the body needs.

Studies in the book show how garlic fights infection and how avocado is a healthy fat that benefits the skin and the brain. Of particular interest is the research on fermented foods, such as yogurt and sourdough bread and the beneficial bacteria they contain that crowds out harmful bacteria throughout the body and improves digestive problems and allergies.



# Hippies, Grizzlies, Betsy Ross—Oh My!

Katya Beisel, Staff Writer

Cotton gins are not drinks, Betsy Ross was a fraud, the Wright Brothers were not the first to fly, and Mark Twain thought bicycles were death traps. These were just a few of the revelations conferred upon the audience at the Virginia Festival of the Book's Adventures in History presentation on March 21.

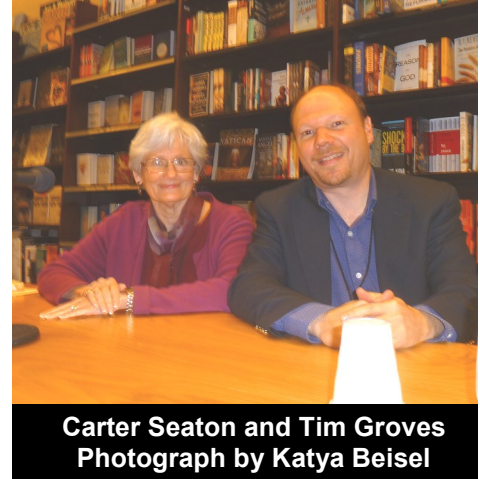
The event featured authors Carter Seaton and Tim Groves, both of whom specialize in historical non-fiction. Seaton spoke about her book *Hippie Homesteaders: Arts, Crafts, Music, and Living on the Land in West Virginia* as well as the extensive research the book entailed. *Hippie Homesteaders* centers on the 60s and 70s neo-pioneers who settled in West Virginia in an attempt to disconnect from a world they were growing increasingly disenchanted with.

Tim Groves, author of *A Grizzly in the Mail and other Adventures in American History* spent two decades working at museums, where he cultivated a love for history and its many uncanny footnotes, which are often glossed over or stricken from history books. Despite the

enthusiasm and humor that dominated the event, Grove's questions were not limited to trivial queries like, "What kind of packer was Charles Lindbergh?"

"Who owns history?" Groves asked, "And can oral traditions be primary sources?" According to Groves, the tired notion of memorizing important dates and the places and names that go with them is part of the reason that many students dislike and remain uninterested in the subject.

Groves suggests utilizing the primary sources available – including oral traditions – to reinvigorate history education with fresh ideas and enthusiasm.



Carter Seaton and Tim Groves  
Photograph by Katya Beisel

## Shakespeare's Dental Care Cont'd

In *Dental Herbalism: Natural Therapies for the Mouth*, Alexander spoke of how inflammation in the mouth is a significant contributor to dental problems and listed anti-inflammatory herbs such as calendula and thyme.

Pine and orange peel, high in vitamin C, reduce inflammation as well. These herbs with the herb yarrow, which reduces bleeding, are combined in a mouth rinse that Alexander developed. Salt water rinses were also recommended for their healing properties.

Artist Michael Solsoika, an attendee and an avid listener of The People's Pharmacy on NPR, said, "I was impressed with the speakers' willingness to spend time sharing their knowledge and experience with us and how great the book festival is."

Grogan, former editor-in-chief of National Geographic Books, co-authored the book *500 Time-tested Home Remedies and the Science Behind Them* with Barbara H. Seeber, editor for National Geographic Books, and Linda B. White, M.D., a specialist in integrative medicine and herbal therapies. Grogan was instrumental in developing NGB's health-line, including *Nature's Medicine, Body: The Complete Human, Brainworks*, and the *People's Pharmacy Quick & Handy Home Remedies*.

Alexander, a medical herbalist and former research scientist, and Linda A. Straub-Bruce, a registered dental hygienist and member of the American Dental Hygienists Association, co-authored the book, *Dental Herbalism: Natural Therapies for the Mouth*.

# Zzaam: Korean Fusion Cuisine

Katya Beisel, Staff Writer

A relatively new addition to Charlottesville's restaurant scene, Zzaam! Fresh Korean Grill delivers swift service, quality food, and a unique blend of flavors. Zzaam! is unique among area eateries and offers an abundance of flavor from its location on 1232 Emmett Street North. Zzaam! allows customers to personalize their order in four easy steps by their choice of meat, as well as adding an egg for extra protein, followed by four to five toppings and one of fifteen sauces, all of which are made in-house.

What sets Zzaam! apart from other speedy

service eateries is the freshness of the food. According to owner Sam Gang, everything served at Zzaam! is freshly made on the premises.

"Nothing is frozen. We don't even have a microwave back there," Gang said. The establishment prides itself on the health of its fare, as well as affordability and quick service. In short, Zzaam! functions with the lightning speed of a fast-food joint, but forgoes the greasy pre-frozen meals commonly found on the menus of other eateries, while infusing the Barracks Road shopping community with some much needed culinary color.

"We're kind of a new concept," Gang said. He described the restaurant's style as more of a Korean fusion than purely Korean food, which commonly features flavors that American palettes are not generally accustomed to like garlic, ginger, and fish sauce. Instead, the menu features simple Korean favorites like Bibimbap (rice bowl), Guk-su (noodles), Kimchi (spicy marinated cabbage), and Mandoo (vegetable dumplings), alongside more recognizable foods, such as soft-shell tacos, sliders, a burger, and crab pancakes.



Photography by Katya Beisel

## Double the Dumplings

Ryan Winkler, Staff Writer

Charlottesville's downtown mall has been home to a delicious dumpling restaurant Marco and Luca's for many years now. Due to their success on the downtown mall, they have opened a location on the UVA corner, opening up a whole new market for the company. However, as of this past January, Marco and Luca's is facing competition for the dumpling lovers of Charlottesville from a new addition to the UVA corner, Got Dumplings.

Marco and Luca's is a Charlottesville classic, offering a few simple Asian dishes such as dumplings, noodles, salads, and pork buns for very reasonable prices, and offers a unique sweet, sour, and slightly spicy sauce that comes

with the dumplings, and is available per request with any of their other items. Each order of dumplings is only available with a pork filling, and it is sure to please the pickiest of eaters.

Got Dumplings offers meal deals, which include either one or two sides to any order of dumplings for around \$6.50 to \$8.00. Compared to Marco and Luca's the dumplings here are slightly larger, yet not nearly as crisp, and are served with a less complex sweet and sour sauce. Otherwise, the menus are fairly similar, with options of noodles, salads, and several other items.

In comparison, Marco and Luca's takes the cake in almost every regard. From, quality of dumplings, and overall vibe, it is a much better choice.

# Sport Clubs Fill the Void in Athletic Programs

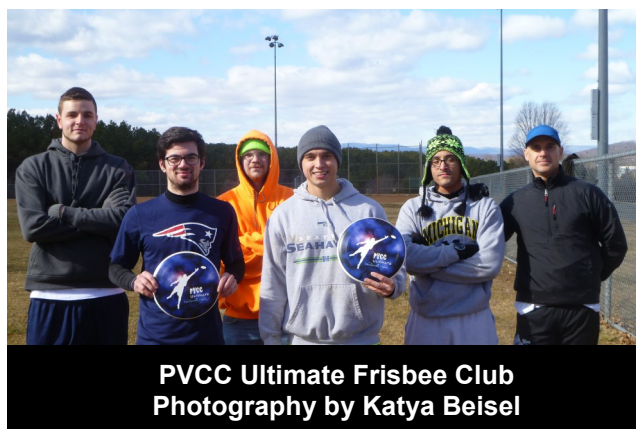
Katya Beisel, Staff Writer

Few members of PVCC's Ultimate Frisbee club braved the blustery weather on Friday, January 30, to meet and play together on the athletic field. Powerful, and frequent gusts of wind prevented the use of Frisbees for most of the practice. However, the group quickly substituted discs with a football, determined to get the most of the practice regardless of the objectionable conditions, which included a muddy field and temperatures in the low forties. Their determination to participate in student athletics is something of a necessity for PVCC's sports-oriented students, who have no other recourse for college athletics than sport clubs.

The Ultimate Frisbee club, led by student Calvin Biesecker, is one of a handful of athletic clubs at PVCC. Other clubs include tennis, ping pong, soccer, dance, and unicycling (the last of which is also led by Calvin Biesecker). These clubs provide students with an opportunity to engage in physical activities within the PVCC community — something typically derived from organized school-affiliated athletic programs, which PVCC lacks.

The absence of organized athletics at PVCC is a drawback for some students, some of whom feel that the school lacks viable options for athletic students. "I moved here from New York, and ultimate Frisbee was basically the only [sport] offered. It was that or do nothing" said Corey Fullers, a member of PVCC's Ultimate Frisbee club. Other students believe that having organized sport programs would be a boon to PVCC, such as Business Administration and Accounting student John Wiggins, 21, who stated, "Having legitimate teams would probably make people want to come here more."

As appealing as the idea of PVCC athletics might be to some students, many recognize the practical hindrances to the creation of an athletics program here at PVCC. Firstly, the college would have to join the National Junior College Athletic Association (NJCAA), as other schools within



the Virginia Community College System (VCCS) have. Of course, the maintenance of facilities and equipment as well as transportation would incur added costs. Among the students who understand the absence of athletic programs is Liberal Arts major and Ultimate Frisbee club member Taylor Santiago, 22, who said, "It would be sweet to have programs, but not cost effective."

However, a more substantial reason to maintain clubs over athletic programs exists. As former Forum writer Jessica Bowman pointed out in a February 2012 article on the prospect of athletic programs at PVCC, competitive athletic teams are inherently discriminatory. Colleges want to field teams populated with the best players available. Naturally, with teams come try outs and the elimination of less skilled athletes. Alternatively, clubs are open to everyone, thus encouraging the culture of diversity that makes PVCC a unique and welcoming school.

Thankfully, PVCC more than makes up for its lack of organized athletic programs with the extensive facilities available to students and faculty. The Fitness Center, located in M173, contains a variety of machines from stationary bikes to treadmills, as well as free weights. The campus also has outdoor athletic facilities, including tennis courts, a softball diamond and adjacent athletic field, a scenic cross-country path and a basketball court. All of these facilities are available for students to use. Information about recreational sports and activities can be found on the bulletin boards in the Bolick Student Center.



# Your PVCC Garden Needs You

Jackie Layton, Staff Writer



Recently planted seeds will soon sprout in preparation for the annual Spring Planting planned for April 22 in PVCC's garden. It will require many helping hands.

Horticulture and Environmental Club advisor David Lerman hopes students will know that the garden is for them. He said, "Perhaps between classes or during breaks they could visit or work in the garden to clear their heads, reduce stress and breathe some fresh air."

Started in 2007, PVCC's Horticulture & Environmental Club was formed to provide students and community members with an organic garden to learn about environmentally-sound horticulture and sustainable practices. Each year produce from the garden is donated to local food banks in the Central Virginia community.

Because the number of students is significantly reduced during the summer, maintenance is especially needed when the plants are growing and producing the most. Anyone who remains local and helps maintain the garden gets to take home some of the harvest because it is so abundant. What better way is there to get fresh, organic produce and vitamin C in exchange for a little physical energy?



Vice President Jonathan Dean of the Horticulture & Environment Club said, "Our garden continues to grow every year, with both members of the Horticulture & Environment Club and volunteers from the community working to keep it looking great." Several groups from UVA and local businesses have volunteered their time throughout the years to help with weeding, planting, harvesting, and general maintenance.

Recent additions to the garden are the result of projects from several student groups. In the spring of 2014, students from PVCC chose the garden as the site for their SciTE scholarship project. A roof was built over the existing water tank to collect rainwater and a solar panel was installed on the roof of the shed to power the system that keeps the beds watered automatically.

In the fall of 2014, volunteers from UVA's APO service fraternity raised over \$4,000 and brought about one hundred workers to build the new hoop houses, as well as tackling many other maintenance projects. Hoop houses are the modified A-shaped wire frames lined up in the garden, which will be wrapped with plastic to extend the growing season.



Even with all this help, much of the harvest is lost every year. Let us make sure none of it ever goes to waste again. The garden needs us. The community needs our garden. We can be part of the solution to restore balance to our food and to the environment.

More information is available on the Horticulture & Environment club page, Facebook page and blog. To volunteer in PVCC's gardens, email [dlerman@pvcc.edu](mailto:dlerman@pvcc.edu) or call 434.961.5430.

# Piedmont Profiles: Jennifer Hudson

Antonia Florence, Staff Writer

Have you ever thought of earning your bachelor's degree from Old Dominion University but do not relish the thought of living on or near their campus in Norfolk? ODU has had a distance learning center on Piedmont Virginia Community College's campus since 1994.

Jennifer Hudson, Community and Student Success Director for Old Dominion University, will help facilitate your transition from PVCC to ODU. Her office and ODU's student service access rooms are in the lower level of the Keats Science building.

ODU has staff on-site at PVCC to aid students with enrollment, academic advising, student success coaching and proctoring. Hudson stressed that when a student comes to her office with a variety of questions and concerns, she can take care of everything from her desk. There is no need to visit multiple divisions.

Hudson also stressed the importance of early coordination between PVCC and ODU to optimize academic planning. A student's first semester at PVCC is not too soon. ODU distance learning offers very few freshman and sophomore level courses so it is important to successfully complete these first through PVCC. Taking non-transferable classes is a waste of time and money, but it is never too late to get on track.

"If you complete a transferable associate's degree through PVCC, have at least a 2.5 GPA and fill out our letter of intent then we will automatically accept you as long as you have met these requirements," said Hudson.

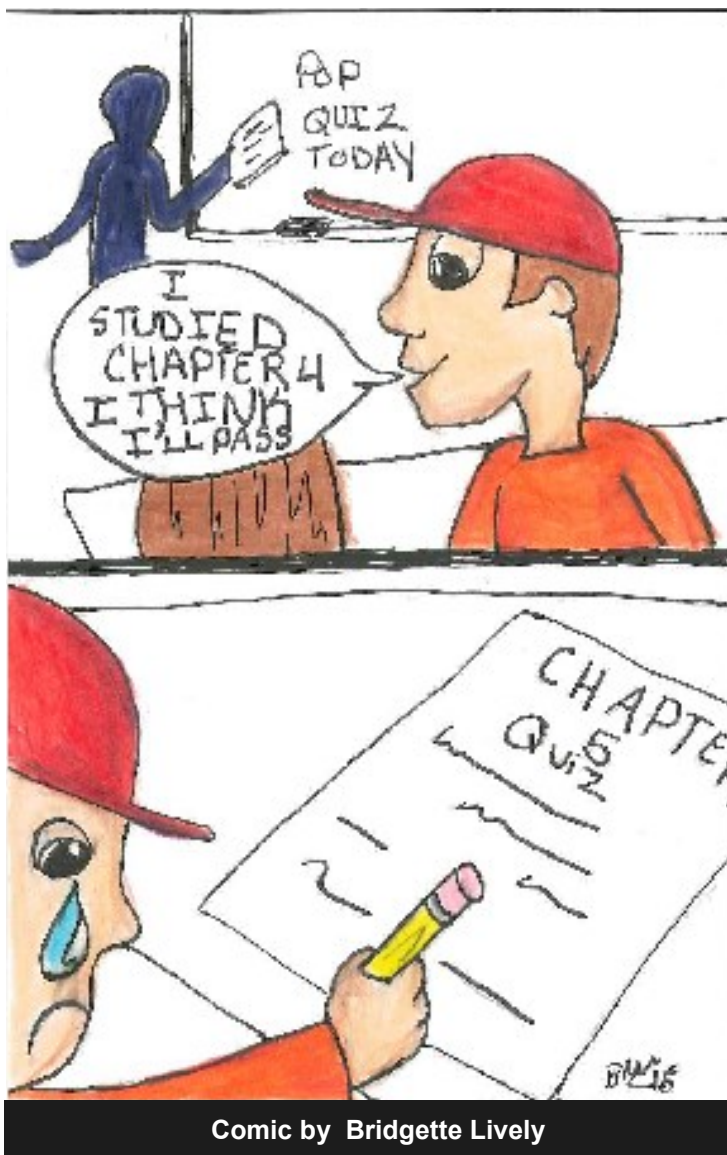
There are approximately 29 distance learning bachelor's degree programs offered by ODU: Business, Communication and Writing, Criminal Justice, Engineering and Technology, and Health Sciences and Nursing. They are all accessible through WebEx from the comfort of your home if you have high-speed internet capability, PVCC and its satellite locations.

If a student thinks this may be a great way to fly under the radar and receive their degree easily, think again. Distance learning students attend classes in a visible and interactive manner. Through webcam and microphone, the student is a contributing participant of the class while it is in session.

For the most part, "distance learning is live instructed," and not the same as taking an online class. It takes a committed, disciplined and determined student to succeed via distance learning.

For more information about this exciting opportunity: <http://dl.odu.edu/pvcc> , Jennifer Hudson's email: [jhudson@odu.edu](mailto:jhudson@odu.edu) , Phone 434-961-5417, and their office in room K101.





Comic by Bridgette Lively

## Riddles

Brennan Tanner, Staff Writer

It is held first in hearts,  
Second in homes,  
At the start of peace,  
And lastly deep in your bones.

The end of Death,  
the death of youth,  
Then comes the lie  
that kills the truth.

In Asia this one stone is chief,  
The stone as green as the fresh tea leaf.  
From this stone many gods are made,  
In all the hues of the forest glade.

## Shakespeare's Cyphers

Brennan Tanner, Staff Writer

“Β εβζ φμ Βθσφμ οφωφσ δβνφ τπ τξφφυ.”

– Υιφ Νφσδιβου πγ Ωφοδφ

Here are a couple hints: Ω and ω = W φ = |



N S H C B R K H F Y T W I U N I K Z W J  
 O F G U O F F O X H P N S E Y D B B S H  
 F J F N D N T H X M T W D R X E G K T U  
 O I Z S I S C J Q E B R S L W N C Y R I  
 O L C J M L O E R W A J H A F T R Z O J  
 L A T N E D P N R G F U I V H I E Q P Z  
 X R O H B B A M N T B M P I P F D C S E  
 U C N E R T Q I U Q C B P T F I I U K D  
 G H T A I L T S T D D C I S N C T A N L  
 E S N O E I C U L T U R E E L A L K G P  
 Y C N C R R H K O O B K S F V T R G X Q  
 H A O W X G O U P S P R I N G I O G I R  
 L H B A Q R S K Z C S H X P D O Y U N Q  
 E R A E P S E K A H S O V I I N C D R X  
 W R W L J Z S Q R Q F Y R K Q V J S I F

**Find the following words from this month's issue above:**

BETSY	CULTURE	HIPPIES	ROSS
BOOK	DENTAL	HUDSON	SHAKESPEARE
BRANCH	DUMPLINGS	IDENTIFICATION	SPORTS
CONCERT	FESTIVAL	INTERNATIONAL	SPRING
CREDIT	GARDEN	KOREAN	WRITING

# Classifieds

PIEDMONT VIRGINIA COMMUNITY COLLEGE



## Do You Want to Make a Difference?

Piedmont Virginia Community College invites applications for full and part-time faculty and staff positions. Day and evening shifts are available at all locations.

Detailed job descriptions, position requirements and application procedures are available at: [http://www.pvcc.edu/human\\_resources/employment/](http://www.pvcc.edu/human_resources/employment/)

Piedmont Virginia Community College is an Equal Opportunity, Affirmative Action Employer and actively seeks applications from women and minority candidates.

Know of any Community Events, Announcements,  
or Advertisements you'd like to list?

Contribute and Submit to PVCC's



Contact us at [theforum@pvcc.edu](mailto:theforum@pvcc.edu)



Check us out on social media

@PVCCForum

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